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4 March 2019

Principals Report



Dear Parents,

We are now in Week 6 and over halfway through our first term. As parents and wider community it is important to keep you all informed so that you know the facts rather than listen to the opinions of others who may not have the background information. In a changing world we sometimes struggle

with what does a Catholic school provide and what is best for our students. We are a community but we do not necessarily all come to school with a common background or faith formation.

We are required by our Catholic Education office in Cairns to reflect on the direction of a school while staying within the parameters of the overall direction of the system as a whole. Over the last 5 years the office has undertaken a direction of reimagining what a Catholic School is in the 21st Century. Change is good but at times it is messy and unpredictable. Here at St Anthony's we are reflective in our practice and always look at the data that represents our school. In order to be a Catholic school in 2019 we need to reflect and change otherwise we are simply continuing to do what we have always done.

Our 2019 goals are now reflected upon and are as follows:

- Facilitate differentiated learning and teaching in Literacy and Numeracy for ALL students.
- Improve student writing across the school
- Renewal of our Vision, Mission and Values statements to provide a common language and direction for all and to reflect current school wide

We will be asking for input from all stakeholders as we work through these goals now and into the future to discuss who and what we are as a school.

Parent Information Evening

We understand that it is not always possible for all parents to attend the evening so this year we have sent a copy of the power point to everyone. If you have any questions please come and ask. We are more than happy to explain.

Swimming

Once again this year we applied for a Sporting Schools Grant to employ a swim teacher to teach our students each Friday for a series of lessons. We thank Brigitte for giving up her time to come to Dimbulah and value her expertise in this area. She has worked with our students now for a number of years and over time continues to build on their skills in the water. We will finish these lessons with a swimming carnival on Friday 29th March.

Cross Country and Athletics

A letter went home today outlining dates for upcoming St Anthony sporting events and the reason they are earlier than normal. After much discussion, deliberation and influencing factors outside our control we have tried to do the best we can in taking into consideration complying with District dates, providing the skills to compete and maintaining the health and well-being of our students. The last two weeks of this term will be hectic to say the least but please understand that all scenarios have been explored in depth and the dates have been set taking everything into consideration. It is not an ideal situation but for this year it is the best we can do to ensure our events are held prior to District selection especially for our older students. To assist with skill development we are providing extra sport rotations on a Wednesday afternoon during school time dedicated to athletics training.

Thank You

A big thanks must go out to the Hatfield family who came in on the weekend and marked all our running track, shot put area and weeded our Long Jump pits ready for the upcoming athletic events. Please accept our heartfelt appreciation, our school is a better place because of your contribution.

God Bless.



Kath Porter Principal

Upcoming Events

5 Mar	Pancake Feast All day
6 Mar	Ash Wednesday Mass 9:00 AM - 10:00 AM
7 Mar	Ducklings Playgroup All day Recurring event
8 Mar	Swimming All day Recurring event
15 Mar	Swimming All day Recurring event
16 Mar	Car Wash/Working Bee All day
19 Mar	St Joseph's Feast Day All day
21 Mar	Ducklings Playgroup All day Recurring event
22 Mar	Swimming All day Recurring event
25 Mar	200m @ DSS All day
	P&F Meeting 3:00 PM - 4:00 PM
27 Mar	800m @ DSS All day
29 Mar	Swimming Carnival

	All day
2 Apr	Yr 6 visit to St Stephens All day
3 Apr	STA Cross Country All day

APRE Report



Dear Parents/Carers,

Lent is a special time for us to get ready for Easter. It begins with Ash Wednesday and concludes on Easter Sunday when we remember Jesus rising from the dead.

From time to time we refocus on our relationship with Jesus Christ. Lent is one of

those times. Sometimes we might 'give something up' for Lent. But it can also be a time to 'add something on'. Over the centuries three activities have been practiced as ways to refocus on our faith lives: prayer, giving to the poor and fasting.

Shrove Tuesday

The word "Shrove" is the past tense of "Shrive." Shrive means to hear confession of, assign penance to, and absolve.

Lent is a time of abstinence - traditionally of meat, fat, eggs and dairy products.

The English custom of making pancakes is one way to use up fat, eggs and dairy products. Hence, this is how Shrove Tuesday came to be sometimes called "Pancake Day." Traditionally the pancakes were served with lemon juice and sugar.

Our Traditional "Pancake Feast" on Shrove Tuesday will be taking place tomorrow at 10:30am and would love any parents who are able to assist in the making of the pancakes (and eating them with us), to come along, as your help would be immensely appreciated.

Ash Wednesday

On Wednesday we will gather as a school community to celebrate the beginning of Lent with our Ash Wednesday Mass. Our school community and parishioners will marked with ashes in the form of a cross on their forehead as a reminder that we are turning away from things we are not proud of and following in Jesus' ways.

Project Compassion

Each year, Lent offers us the opportunity to share what we have with those who are less fortunate then ourselves. Project Compassion, which runs through the Lenten period, helps end poverty, promote justice and uphold dignity to those in need. Each class has received a Project Compassion box, where they are able to give their loose coins to assist the organisation in providing the basic necessities in life – clean water, food, clothing and education. It is inspiring to see how the boxes are

filling up, which demonstrates how generous the students in our school are and how considerate they are of the needs of others. Keep up the amazing work.

Just Leadership Day

Last Thursday, Riley and Azali attended The Just Leadership Day. It is a program run by Caritas Australia giving our leaders an opportunity to gather for a morning of social justice awareness raising, advocacy and action. It offered our students the chance to network with other like-minded students who strive to be counter-cultural in our consumerist society. It gave Riley and Azali time to look at how they could Transform our Catholic Social Teachings into action, by planning how to engage our communities in building a better, more just world. The two had an amazing time and came back to school with great ideas to implement in our school community.





Student Council Representative Reminder

Ricki, our student council representative would like to remind everyone, that on Saturday 16th March, the students in year 5/6 will be holding a car wash on the school's basketball courts. The cost is \$10 a car and \$15 a 4WD, with all proceeds going towards fundraising for the year 5/6 trip to Canberra in Term 4.

JJJ President Reminder

Hazel, our JJJ President would like to remind everyone, that on Tuesday 5th March, we are having a free dress day to raise money for Project Compassion. Make sure you wear sun safe clothing and closed in shoes.

St Patrick's Day

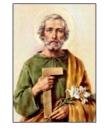
On the 17th of March we celebrate the feast of Saint Patrick. Saint Patrick was a man who had a special love for the people of Ireland. He told his people stories about Jesus and Mary and he went throughout Ireland baptising the people.



"Saint Patrick, you made people happy when you told wonderful stories about God. Help us to tell others how much God loves us. Amen."

St Joseph's Day

On Saturday (19th March) we celebrate the feast of St Joseph. Saint Joseph was a man who protected and cared for Mary and Jesus during his life with them. He always tried to be aware of God's presence surrounding him.



"Loving God, you gave Joseph to Jesus to be his father in this World. Bless all fathers and help all families to find you in their life together. Amen."

Genius Hour - Cooking

During another session in Cooking for Genius Hour, our students cooked Corn Fritters and were again another hit. I have included the recipe below if you would like to try them out at home.

Corn Fritters

Ingredients:

- 1 egg
- 1 tablespoon of water
- 1 cup plain flour
- 1 teaspoon baking powder
- Pinch of salt and pepper
- 1 can (410g) creamed corn
- 2-3 tablespoons vegetable oil for frying

Method:

- In a medium bowl, lightly beat egg with a little water. Sift in flour and baking powder, add salt and pepper and stir – adding water if needed – to achieve a medium batter. Make sure the mixture is not too thin. Add the can of creamed corn, season and stir.
- Heat half the oil in a frypan to a medium heat and add a spoonful of the batter in the pan. Flip the fritters when they start to bubble on top – 1 to 2 minutes, but test they are cooked through before removing them.





Plenary Council 2020

Pope Francis has sent his support and blessings to the Catholic Church in Australia as it commences a three-year process to consider its future through the Plenary Council 2020. I encourage you to engage in the following questions:

What do you think God is asking of us in Australia at this time?

What questions do you have about the future of the Church for the Plenary Council to consider in 2020?

To respond to these questions, or for more information, please visit the Plenary Council website at:

http://plenarycouncil.catholic.org.au/

Have a wonderful week and in the words of Saint Mary of the Cross MacKillop...

"Let God's glory...absorb our thoughts"



May God's Spirit be with you always Rachelle De lacovo

Sporting News

Swimming

Term 1 has started off well with our Swimming Program up and running. We are grateful to have Brigitte Campbell training our students in life saving skills. Thank you to all the staff and parents who help Brigitte in the water every week.

Due to the Dimbulah State School Swimming Carnival, there will be no swimming next Friday 8th March. The students will be practicing Athletics instead.

Our Whole School Swimming Carnival is on the 29th March. All parents and family members are invited to come along and watch the students swim. We would appreciate any help on this day also.

Cross Country

The students have started training for Cross Country. They run every morning before school starts. Our Cross Country race will be held on Wednesday 3rd April at 9am. All parents are welcome to stay, watch and assist if they are able to.

Athletics

Due to the changes that have been put in place within our district, our Athletic events will start earlier this year. Monday 25th March our students will walk over to the Dimbulah State School to participate in the 200m event. They will also go over on Wednesday the 27th March to run the 800m. All parents are welcome to attend and assist if they are able to. Our Whole School Athletics' Carnival is on Friday 5th April. We will need many hands to run this carnival and would appreciate any parents/grandparents/friends who could assist.

Congratulations

Congratulations to Cayde Miller who competed in Brisbane at the State Swimming Championships last weekend. Cayde swam exceptionally well and improved his PB by nearly 1 second. An amazing effort Cayde, keep up the great work.



(Cayde Miller and Hannah McLeod) Cayde has also been selected to represent the Tablelands for the U11-12yrs Boys Ruby League

Community News

Australian Government Mobile Service Centre



Serving Regional Australia

Visit the Mobile Service Centre to find out about Australian Government payments and services for rural families, older Australians, students, job seekers, people with disability, carers, farmers and self-employed people

Information about Department of Veterans' Affairs programs and support services for veterans and their families will also be available.

Staff can provide you with information and support. They can also help you create a myGov account. myGov is a simple and secure way to access government services online

Friday, 8 March 2019

9:30 am to 3:00 pm

Opposite the Junction Hotel, Burke Developmental Road

DIMBULAH

For more information, go to humanservices.gov.au/mobileoffice or call 132 316



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Students from all primary schools entering Year 7 in 2020 and beyond!

- Display of specialist areas
- Information about the college culture, curriculum and expectations
- **Enrolment handbook**
- Self-guided tour of facilities
- **Scholarship information**



ge Captains for 2019: Jake Priestly, Jonah Wil

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IS BULLYING A PROBLEM? **NEED MORE CONFIDENCE?** STRENGTH & CONDITIONING? TRAINING AS A FAMILY?

COME & TRY RHEE TAE KWON DO

JOIN IN MARCH AND RECEIVE A FREE UNIFORM

> **EVERY MONDAY & WEDNESDAY 6.00PM - 7.00PM** DIMBULAH MEMORIAL HALL

INSTRUCTORS WITH 26 YEARS EXPERIENCE PHIL & GAYE: ENQUIRIES PH 40935357

2019 Safeguarding Children Conference
This year Catholic Education Services is excited to announce that r annual Safeguarding Children Conference theme is **Stro** munities, Safer Children

We hope that you are able to join us on Saturday, 27th April, 2019 at the Pullman Cairns International

Please note that there is no registration cost but places are limited

Conference information and registration details can be accessed from the 28th February 2019 via the conference website:

www.2019safeguardingchildren.com.au

If you have any further inquiries, please contact Professional Standards: Michelle Langtree mlangtree@cns.catholic.edu.au







MADONNA KING PARENT EVENING

What do our girls think about their fathers? And what are fathers struggling with when it comes to their relationship with their teenage daughters?

The bestselling author of 'BEING 14' now tackles the complicated father/daughter relationship.

ALL PARENTS ARE WARMLY INVITED TO ATTEND THIS FREE EVENT WITH WELL KNOW JOURNALIST & AUTHOR

at St Monica's College 177 Abbott St Cairns (entry only via main gate due to ongoing building works)

TUESDAY 12 MARCH 6.30-8PM

6.30pm Madonna King 7.30pm Light refreshments book purchase and signing

TO REGISTER:

http://www.cvent.com/d/16q9pxs

HOSTED BY THE CAIRNS DIOCESAN P&F COUNCIL

Catholic School Parents Queensland

EMAIL: info@pandf.org.au WEB: www.cspq.catholic.edu.au PH: 07 3336 9242





Well Women's Clinics

(These clinics are available to Medicare eligible clients)

Mareeba Hospital – Thursday 14th March 2019 Ph: 4092 9311 Service includes Cervical Screening Tests (Pap Smears), Sexual Health Screening, Breast Awareness, also info on Contraception, Continence, Menopause, Lifestyle Issues, Bowel Health, Domestic Violence, etc. All services are provided by a specially trained Women's Health Nurse.

