

7th May, 2015

Anzac Day Dawn Service

Principal: Mr Brad Williams principal.dimbulah@cns.catholic.edu.au

Assistant Principal Religious Education: Ms Rachelle De Iacovo rdeiacovo@cns.catholic.edu.au





Leadership Camp

District Cross Country





COMING EVENTS.....

12th , 13th & 14th Naplan Testing		
Wheelbarrow Race Weekend		
3.3pm Confirmation Preparation Session		
5pm Lions Festival		
Sunday 8am Presentation of the Creed		
Yr 5 & 6 hosting Parish Mass		
P&F Meeting 7pm		
Inter House Events Held		
Queens Birthday Holiday		
School Photos		
6pm Confirmation		
Wash River Athletics @ DSS		
School Counsellor Here		



School Prayer



God made us a family.

We need one another,

We love one another, We forgive one another. We work together, We play together, We worship together. Together, we use God's word. Together, we grow in Christ. God bless our school. St Anthony of Padua, pray for us. Amen

Student of the Week



Prep One Two Class

Jack Yelavich for being ready to learn and following instructions.

Mia Gargan for working quickly and carefully—well done.

Brayth Miller for moving around the class-room carefully.

Robert Hobden for careful sounding-out.

Sam Williams for listening carefully.

Azali Mitchell for always remembering to bring in homework.

Year Three Four Class

Nate Campbell for being kind to others.

Ryan Alley for responding clearly and

correctly during Maths warm up.

Matthew Bin for persistence in

completing writing tasks.

Anton Palmeri for editing his own writing and assisting others.

Year Five Six Class

Year 6 for displaying awesome leadership qualities on camp – proud of you all.

Toby Brown for looking out for the wellbeing of his peers.

Year 5 for working independently on given tasks while year 6 were on camp — fantastic work.

Amber Land for working conscientiously and independently on all class tasks.





From the Principal Brad Williams

Principal's Report

Dear Parents/Caregivers,

This coming weekend we celebrate our mother on Mothers' Day. This is a special day of reflecting, sharing, giving and appreciating our own mother's and their importance in our lives. Our mother's care for us from the time we are born – encouraging, supporting, and guiding us in our discovery of others, our God and ourselves. The role of motherhood is indeed a role of sacrifice – a role where time, energy, commitment and love are generously given unconditionally and without question. We are very fortunate to have this day on which we can show our mother how much we appreciate their love for us.

I wish all mother's a very happy Mothers' Day and pray that you have a great day!

Christmas Fair

At the P&F Meeting last Wednesday it was decided that the Christmas Fair would continue in 2015. The committee decided on Saturday 21st November as the date that the Fair will be held. I would sincerely like to thank Nipper for putting his hand up to coordinate the Fair this year. As is the case with any large scale event, Nipper will require a lot of assistance in both preparation for the event and on the night.

I would like to thank all those in attendance at the meeting and would strongly encourage as many parents as possible to attend the next P&F Meeting, scheduled for Wednesday 1st June at 7:00pm

ANZAC Day

As a school community we commemorated ANZAC Day with a Liturgy on Friday 24th, which was attended by Mr Ian Gannon, Mr Luke Brown, staff, students, parents and parishioners. I would like to thank Ms De Iacovo for putting such a fantastic Liturgy together.

Following from the Liturgy, 22 students from St Anthony's gathered in front of the Bakery at 5:45am on ANZAC Day to march in the Dimbulah Dawn Service. As a principal, I felt nothing but pride and admiration as I saw our students marching in full uniform and then standing so respectfully during the service. A special mention must be made of the way in which our School Captains spoke when reading the prayer. They were fantastic!

Cross Country

I would like to congratulate all students who participated in the Cross Country Carnival last week at the State School. Each student gave their best on the day which is all that can be asked. Well done to Beau Hatfield for winning his race and for being selected in the Peninsula Team.

Lions Festival

Preparations are under way for the St Anthony's float. I would like to thank Lisa Tosoni for coordinating this and would encourage parents who want to assist in any way to contact Lisa.

This year St Anthony's will have a marquee at the Festival. We will be using the marquee to display some of the work done by students as well as show photos of some of the events our students have participated in. Please drop in on the night and have a look!

We have been invited by the Lions Club to again perform on the night and our staff will begin preparations for this soon.

Spirit of Catholic Education (SOCE) Awards and Docemus Awards

Nominations are now open for the 10th annual QCEC Spirit of Catholic Education Awards, and also the Cairns Diocese's Docemus Awards, now in their 13th year.

For the SOCE Awards, Catholic school communities are encouraged to nominate individuals in the community (staff member, parent, clergy or volunteer) who are making an outstanding contribution to the life of the community in one of the following areas: Initiating a program and/or activity in response to a need;

Leading and facilitating for change and improvement;

Demonstrating excellence in their work;

Engaging in exceptionally life-giving relationships with students, colleagues, or other members of the school community or Catholic education agency;

Advancing Reconciliation (for consideration for the Aunty Joan Hendricks Reconciliation Award). The Docemus Awards acknowledge and celebrate the exceptional commitment, achievement and contribution to Catholic Education of staff and volunteers. The categories are:

- Primary teacher
- Secondary teacher
- School officer
- Leadership
- Volunteer supporter

Lifelong contribution The SOCE Award nomination form can be used to nominate someone for EITHER or BOTH Awards, by indication on the cover sheet.

NOMINATIONS (for both) CLOSE – Friday, 15th May.

A nomination form can be collected by speaking with someone in the Front Office.

NAPLAN Tests

NAPLAN tests will be completed next week by our Year 3 and Year 5 students. NAPLAN tests are just one of many ways in which we receive feedback about the academic progress of our students. Class teachers are constantly assessing students through a variety of mediums and are able to provide excellent feedback as to the development of each student.

NAPLAN tests can be very daunting for students and often high levels of anxiety are experienced. This can have a negative impact on a student's ability to perform well. To assist your child next week please ensure your child is well rested, eats well and reassure them that all they need to do is 'try their very best'.

Yours truly,

Brad Williams

Principal, St Anthony's Catholic School

Principal's Awards





Message from the Principal..... SELF-ESTEEM

At various points in your child's schooling there may be times where your child has low self-esteem. The effect that low self-esteem can have on a child and their educa-

tion is quite alarming. Here are some tips that will help you to build self-esteem: Teach your children to be confident by introducing them to experiences in which they succeed.

Help your children to overcome their fears by gently encouraging them to face them, one at a time.

Give your children many opportunities to make decisions. Help them to be responsible for their choices.

Don't do things for children that they can do for themselves.

Do not make impossible demands on your children and try not to lean heavily on them for your own support.

Have regular time alone with your children. Do things together. Get closer to your kids.

Praise less and encourage more. Urge your children to assess their own work and achievements, otherwise you risk them linking the value of their activity to your value of it.





Guidance and Counselling News: Supporting SEL at St Anthony's.

Being Respectful Teaching Children About Respect.

The following information has been derived from an information sheet produced by **Kids Helpline** and can be found on <u>www.kidshelp.com.au.along</u> with a range of interesting topics to support young people in their social development.

Respect is about valuing people, including those who are just like you and those who are different there are a few ways to look at respect, such as:

- **Respecting others –** knowing that we are all as important as each other and treating other people how we would like to be treated.
- **Respecting ourselves** being able to stick up for ourselves and not letting other people talk us in to doing something that make us feel uncomfortable.
- **Respectful relationships** when you hang around with other people and value them as well as yourself.

Why is Respect Important?

When people treat each other with respect, the world is a much happier and more fun place to be. Following are some tips we can give our young people to help them in the way they treat themselves as well as others:

- Think about how other people may be feeling.
- Listen to them when they speak.
- Try to think about other people's likes and dislikes.
- Don't try and make someone do something they don't want to do.
- Don't let anyone make you do something you don't want to do.
- Don't make fun of or tease other people.
- Take an interest in other peoples' culture it can be fun and very interesting learning about how other people live and do things.

How do we get Respect from Others?

Putting it simply, the only way to get respect is to show respect Usually, if you act in a respectful way and treat others as you would like to be treated, more than likely, they will respect you too. However, if you try to show someone respect and they tease or bully you, it is important to stick up for and respect yourself. Bullying is never OK if you think you are being bullied, tell an adult and learn the skills required to repel bullies. A big part of respect is being able to stand up for yourself and not let others push you around and force you to do something that you don't want to do.

How can we tell if a Relationship is Respectful?

Some sure fire signals to tell if a relationship is healthy and respectful are:

- You feel good when you are around that person If a relationship is disrespectful you will probably feel sad, angry, scared or worried.
- The give and take in the relationship is equal in a disrespectful relationship the balance is unfair and you might feel that things always goes the way the other person wants.
- You feel safe around that person.
- You feel that you can trust them with your secrets.
- You like spending time with that person.

Kids Helpline is a very valuable resource for parents and caregivers to access as it provides tips and strategies that young people can use to develop healthy life skills that promote happiness and emotional well being. If you do have any concerns about the emotional well being of you son/daughter, or would like them to learn specific social skills, please contact the Principal, Mr. Brad Williams, on 4093 5319, or myself through email: <u>bschofield@cns.catholic.edu.au</u>. Wishing you and your family well.

Bryan Schofield: (Guidance Counsellor).

Dimbulah Ambulance CPR Awareness Program



From our APRE

Parish Weekend Mass Times



"Joy is a net of love by which you can catch souls"

Mother Teresa

St Anthony's – Dimbulah – Sunday 8.00am St Thomas of Villanova – Mareeba – Saturday 6.00pm & Sunday 10.00am St Christopher's – Kuranda – Sunday 6.00pm

Firstly, I would like to say welcome back to everyone to another exciting term. As you can see by all the wonderful photos, our students have been participating in a variety of events.

I had the pleasure, along with Mr Wilcox and Mrs Kerry O'Shea, of taking our year 6 students on their leadership camp, where they all demonstrated their awesome leadership qualities in some very fun activities (plugger, spider, obstacle course, draw bridge, wipe out, archery, survival, canoeing, night spotting, orienteering, trivia, damper making). They thoroughly enjoyed themselves and we were very proud of their efforts. Thanks to those parents who assisted transporting students to and from the camp.

I would also like to say and a massive thank you to all the students and parents who attended the ANZAC day dawn service. It was a lovely occasion, honouring all the service men and women of our county. The students did our school very proud, reverentially partaking in the ceremony.

This Sunday is Mother's Day and the school community wishes you a day full of love and happiness with your family. Happy Mother's Day to all our beautiful mums.

Loving God,

We thank you for the love of the mothers you have given us, whose love is so precious that it can never be measured, whose patience seems to have no end. May we see your loving hand behind them and guiding them. We ask you to bless them with your own special love. We ask this in the name of Jesus, our brother. Amen.



Date Claimers: Wednesday 13th May year 5/6 and Wednesday 20th May year 3/4 will be attending mass at 9am in the parish Church, all are warmly invited.

Have a fantastic week and May God's Spirit be with you always



In the words of Saint Mary MacKillop

"Let us rejoice and thank God for giving us such solid proofs of his love"

Why do we do that?

The Gospels are the direct story of Jesus' life. Matthew, Mark and Luke are called the "synoptic" Gospels because they tell Jesus' story step-by-step in the order they happened. John is different. John tells Jesus' story through seven themes and miracles. St John's symbol is the eagle.

Sporting News.....



District Cross Country: Congratulations to the 9 students (Cara, Danae, Kaiden, Beau, Joseph, Toby, Lauren, Marco and Neve) who competed at the District Cross Country at Dimbulah State School last Thursday resulting in St Anthony's finishing 3rd from the 7 schools and only being beaten by the bigger schools – Mareeba State School and St Thomas's. Our school is very proud of all of your efforts. A special mention goes to Beau Hatfield who (as an 11 year old) ran the fastest time of all students on the day and will again represent the Mareeba District at the Peninsula Cross Country Championships in Cairns on 22 May. We wish him well and would ask students to help



Beau with his training over the next few weeks.

Oceania Games

We wish all those students/exstudents who are competing or demonstrating at these games this weekend at Barlow Park in Cairns all the very best with a special mention to Kayla Montagner who is representing Australia in the open wom-



en's section. If you are in Cairns you should take the opportunity to cheer on one of Dimbulah's homegrown athletes.

Lawn Bowls

There is the possibility of a school lawn bowls competition to be held in conjunction with the Lion's Festival this



year with winning teams able to progress to inter-city competitions. I will keep you informed as the details are finalized.

Playground Shade Shelter – The shade cloth has been repaired and will be ready to be reattached next week. I would hope to be able to get a

number of parents who can assist with this job before school on Tuesday 12 May (next week). Please let me know if you can help.



Sporting News continued.....

ATHLETICS:

Inter-house Carnival – Week 7

Wednesday (morning) 3 June – long distance races (5/6 yrs – 300m; 7/8 yrs – 600m; 9-12 yrs - 800m)

Thursday (morning) 4 June – 200m for all students at Dimbulah State School

Friday (all day) 5 June – sprints, relays, shot put, high jump, long jump and tug-o-war for all students

Canteen – Anna Srhoj has offered to sell food again this year but is looking for helpers interested in taking this on in the future as, unfortunately, this will be her last year with students at St Anthony's. I take this opportunity on behalf of the St Anthony's community to thank her for her work in this role.

Training – All students will practise all events in PE lessons in preparation for the carnival and will have opportunities during lunch breaks for extra practice. We also hope to take the whole school out on Thursday afternoons leading up to the carnival and may continue for an hour after school for those interested – more information about this will follow at a later date.

Helpers – On Friday 5 June we will be looking for helpers with time-keeping, marshalling place getters, distributing ribbons, and assisting or conducting long jump, high jump and shot put events. We have always had fantastic support with this in the past and if you can help on the day please complete the slip below and return to Mr Wilcox by Friday 22 May.

Please complete and return to Mr Wilcox by Friday 22 May Athletics Carnival Helpers – Friday 5 June						
Name	Contact No					
I can help on sports day in the following capacity: (please circle)						
Canteen	Time keeping	Distributing Ribbons		Marshalling Runners		
Assisting or Co	nducting -	Shot Put	Long Jump	High Jump		

Music News.....

Thankyou to Lynda Irvine for donating the cost (\$90) of replacing the strings on six of the schools guitars and also the time needed for minor repairs to the same guitars. These guitars will be used when a student forgets their instrument and also for the First Break Jam session on Wednesdays that all students are invited to take part in.

First Break Jam SI Come and make music with Queensland State Library Lynda of Queensland Government **Dimbulah Rhyme Time** First Break Wednesdays Join us at Dimbulah Library for our NEW in the **Rhyme Time Program** Library Enjoy songs, rhymes & stories while bonding with your baby & meeting other local families Sing and play music This is a fun filled session for children from 0-4 years designed to develop early literacy skills. This program is delivered by Mareeba Shire No music experience needed Library Service and is funded under the Best Start grant by the State Library of Queensland Everybody welcome For more information see Helen, phone 07 4093 5963 or visit www.msc.qld.gov.au/libraries The Dimbulah rhyme time sessions will run during school terms from 9:30am - 10:30am on the first Wednesday of each month (unless the first Wednesday falls during school holidays). > Wednesday 6th May 2015 > Wednesday 3rd June 2015 > Wednesday 15th July 2015 > Wednesday 5th August 2015 ▶ Wednesday 2nd September 2015 Wednesday 7th October 2015 > Wednesday 4th November 2015 Mareeba

"STA Gardening Club"

Every Thursday, first lunch, the green thumbs of St Anthony's School meet at the vegetable garden beds for a picnic lunch and some gardening fun!

We drag our gloves on our hands and get ready for some hard work. We weed the patch, water, dehead the basil and keep an eye on the compost. We have planted lettuce and tomato and we'll be planting some more seeds before it gets too cold.

Two weeks ago, some of us picked some basil and made pesto with Miss Lyn! Last week Mrs Mahmut made pesto pasta and we tasted it - It was green and very, very yummy!

Gardening Club is fun! We love it!

