

NEWSLETTER

19th March, 2015



Yr 3/4 Class at Assembly

Principal: Mr Brad Williams
principal.dimbulah@cns.catholic.edu.au

Assistant Principal Religious Education:
Ms Rachelle De Iacovo
rdeiacovo@cns.catholic.edu.au



St Patrick's Day Free Dress



Spelling in Prep, Year One & Two Class





COMING EVENTS.....

March 23	P-2 Assembly
March 26	Swimming Carnival
March 27	Palm Sunday Play
March 30	School Captain Assembly
April 2	Cross Country Passion Play Easter Egg Hunt Last day of Term 1 Holy Thursday Mass of Last Supper
April 3	Good Friday -Easter Holidays Start Stations of the Cross 9am Veneration of the Cross & Holy Communion 3pm
April 4	Easter Vigil Blessing of the fire, pas- chal candle Mass 7pm
April 5	Easter Sunday Mass 8am
April 6	Easter Monday
April 20	Term 2 Starts
Every Wednesday	School Counsellor Here

Prep One Two Class

Robert Hobden for listening carefully.

Georgia Cummings for being positive and enthusiastic.

Rowan Turnbull for trying his best when reading.

Mia Gargan for listening with her whole body.

Hazel Hobden for being ready to learn and trying her best.

Brayth Miller for using nice words with his friends.

Year Three Four Class

Eric Tosoni for persistence and focus in writing history notes.

Amber Jerome for responding to questions during class discussion.

Nate Mitchell for persisting with question-answer relationships.

Bronson Exton for contributing during reading groups.

Cooper Kennedy for applying himself in all learning tasks.

Year Five Six Class

Beau Hatfield for being a diligent and confident member of the class.

Joseph Montagner for an awesome drama performance in our "Theatre Sports".

Neve Godfrey for being a helpful and responsible class member.

Corey Brown for a wonderfully descriptive narrative.

Term Dates 2015

Term One

January 27 - April 2

Term Two

April 20 - June 26

Term Three

July 13- September 18

Term Four

October 6 - December 4



**From the
Principal
Brad
Williams**

From our Principal

Principal's Report

Dear Parents, Carers and Friends of St Anthony's,

It was great to see our school bathed in a sea of green on Tuesday as students celebrated St Patrick's Day. The gold coin donation sought from each student is being used to support Project Compassion. With this in mind I thought it pertinent to share some of the Lenten Message from His Holiness, Pope Francis;

During this Lent, then, brothers and sisters, let us all ask the Lord: "Fac cor nostrum secundum cor tuum"; Make our hearts like yours (Litany of the Sacred Heart of Jesus). In this way we will receive a heart which is firm and merciful, attentive and generous, a heart which is not closed, indifferent or prey to the globalisation of indifference.

Parents and Friends Meeting

I would like to congratulate and thank Chrissie Di Salvo for taking on the role of Treasurer for the 2015 year. The P&F committee now has all positions filled and the St Anthony's school community and staff thank those who have committed their time and energy into assisting the school.

It was the intention of the Parents and Friends to make a decision on whether the Spring Fair would go ahead again this year at the meeting on Wednesday 11th March. As there were only a very small number of parents in attendance at the meeting it was decided that a decision would be made at the next meeting. To assist in the decision-making process a return slip can be found on page 5 of this newsletter. This return slip asks parents to indicate their thoughts and intentions regarding the Spring Fair and fundraising in a broader sense. The Parents and Friends Committee would appreciate it if all families return this slip before the end of term.

Parent/Teacher Interviews

Parent/Teacher Interviews will take place in Week 2 of Term 2 on Tuesday, 28th and Wednesday 29th April, beginning at 3:20pm each night. A blank schedule will be sent home with the newsletter in week 10 where parents will be able to indicate which day and time they would like to meet with the teacher (s). This timetable will need to be returned by Thursday 23rd April. I would like to remind parents that parent/teacher interviews are the formal reporting tool used for Term 1 and all parents are encouraged to nominate an interview time. If for any reason parents are unable to commit to an interview time during the nominated dates, you are asked to make an alternative arrangement.

Staffing Appointment

I am delighted to announce that Ruth James will be joining the St Anthony's staff from Term 2 as a Learning Support Teacher. Ruth will be stepping into the shoes vacated by Catherine Favaro who is taking Maternity Leave. We welcome Ruth to the St Anthony's community and have the upmost confidence that her experience as a former Learning Support Leader will stand her in good stead.

We thank Catherine for all her hard work this term and wish Catherine, Berto and Kate all the best as they prepare to welcome the new addition to their beautiful family.

Toby Brown

The St Anthony's school community wishes Toby all the best this weekend as he competes at the Queensland State Athletics Championship. All the best Toby!

God Bless,

Billi

Principal's Awards

Yours truly,

Brad Williams

Principal, St Anthony's Catholic School



We need your Help!!

We are holding a cake stall for the P&F on the Tuesday 31st March 10am in front of Foodworks. Would appreciate baked items sweet or savoury. These can be dropped off at the school kitchen on the day.

P & F News

We will be having a food stall on the Friday night of the Wheelbarrow Race. Please contact the P & F if you have ideas of food to cook. We will need helpers to cook and serve the food on the night.

As many of you would be aware, the Spring Fair is a major fundraiser for the P&F with funds used to support various projects which benefit the students of St Anthony's. The Spring Fair requires lots of volunteers, both in organisation and preparation and on the day. For the Spring Fair to go ahead, we require a commitment from parents. Without commitment, the Spring Fair will not run this year and in its place the P&F will hold a series of smaller fundraisers.

It is important to understand that the funds generated by the P&F are vital in supporting the school and assisting students to receive a high quality education and access to quality resources.

The results from the survey below will dictate whether the Spring Fair will proceed in 2015. All families are asked to tick one of the boxes and return the slip by Thursday 2nd April. Your cooperation in this matter is much appreciated.

Please detach the bottom and return to the office ASAP

Family Name.....

- I/We support the Spring Fair and will commit to assisting in preparation before and on the day.
- I/We would support and commit to assisting in smaller fundraisers but not the Spring Fair.
- I/We would be happy to support and commit to either the Spring Fair or smaller fundraising events.
- I/We will not be assisting with fundraising during the year.



Guidance and Counselling News

Supporting Social and Emotional Learning at St. Anthony's.

Helping to Resolve Conflict.

The following information is derived from the website www.girlshealth.gov/relationships and provides some good strategies to help resolve conflict involving our young people.

Conflict occurs when people disagree with each other over a particular matter and this can sometimes lead to an argument or fight. It is a part of everyone's life and can occur across a range of settings (school, work, home, socially and at sport). Unfortunately, not all conflicts are easily worked out and in some instances they can become quite complex with fairly serious consequences. It is important therefore, to equip our young people with the necessary strategies to help them manage and resolve conflict type situations.

Avoiding a conflict can sometimes be good, but generally it is considered best practice to talk to the other person about how you are feeling in relation to the conflict. By avoiding conflict or running away from the problem they might lose a friend, be treated unfairly at work or school, not get something they want or need or feel as though they can never solve their problems (disempowered).

Some common feelings that are experienced when conflict arises include, anger, sadness, betrayal, frustration and disappointment. It is important for them to recognize their feelings and be able to keep them in check. It becomes blatantly obvious when a person has not been able to regulate their emotions during a conflict (behaviour may include shouting, swearing, name calling and violence).

The following five steps provide excellent management strategies for people of all ages to use when dealing with conflict:

1. Keep in Control.

- Count down backwards from 10.
- Close your eyes and take deep breaths.
- Think of a peaceful or happy place you would like to be in.
- Calm self talk ... "Take it easy", "Calm down", "It's going to be OK" and so on.

2. Keep it Real (what is the real problem).

- Do you not agree?
- Has someone done or said something to you that made you angry or hurt your feelings?
- Are you feeling the way you do know because of something else that has upset you in the past?
- Is this a one off problem or does it keep appearing?

3. Deal with the Issue.

- Find a time when you can talk in private.
- Keep a calm voice and relaxed body make eye contact to show you are serious.
- Say exactly what is bothering you using "I" messages, e.g. instead of saying "you're so bossy" try saying "I feel upset when you don't listen to what I have to say" or instead of saying "You never let me do anything by myself" try saying "I feel I can't be trusted when you don't let me try and do something by myself".
- Keep the conflict between you and only the others who are involved don't bring your friends in!

4. Listen to Others Without Interrupting.

- Make eye contact as it shows you are interested in what they are saying and willing to solve the problem.
- Listen for what is behind the words (feelings and ideas).
- Keep emotions in check don't interrupt, get angry, judge or be defensive.
- Try seeing things from the other person's side (see where they are coming from).

5. Working it Out.

- Get some help if you can't work it out by yourself parents, teachers, coaches, counselors or any trusted adult may be able to help Don't be shy about asking for support.
- If it for some reason can't be resolved at this point in time, give it a rest and walk away you may wish to have another go later on when things have simmered.

I hope that you find this article of some interest or use when helping your son/daughter resolve a conflict. Classroom teachers have had the necessary training in conflict resolution and provide very good role models for their students, which is a crucial strategy in teaching our young people these valuable life skills.

If you have any concerns in relation to your son/daughter's emotional well being, please don't hesitate to contact me by email on bschofield@cns.catholic.edu.au or by phoning the school on 4093 5319. Wishing you a safe and happy week.

Bryan Schofield: (Guidance Counsellor).



"Be still and know that I am God"

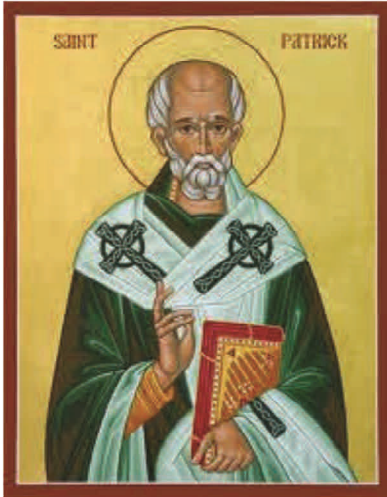
Psalm 46:10

Parish Weekend Mass Times

St Anthony's – Dimbulah – Sunday 8.00am

St Thomas of Villanova – Mareeba – Saturday 6.00pm & Sunday 10.00am

St Christopher's – Kuranda – Sunday 6.00pm



St Patrick

On Tuesday we celebrated the Feast of Saint Patrick (17th March) Saint Patrick was a man who had a special love for the people of Ireland. He told his people stories about Jesus and Mary and he went throughout Ireland baptising the people.

"Saint Patrick, you made people happy when you told wonderful stories about God. Help us to tell others how much God loves us. Amen."



Palm Sunday

Next Sunday is Palm Sunday 29 March. Palm Sunday is the last Lenten Sunday before we celebrate Easter. This is when Jesus rode triumphantly into Jerusalem where he was greeted warmly by the crowd and in the words of St Matthew:

Most of the crowd spread their garments on the road, and others cut branches from the trees and spread them on the road. And the crowds that went before him and that followed him shouted, "Hosanna to the Son of David! Blessed is he who comes in the name of the Lord! Hosanna in the highest!"



To celebrate this event our very talented year 3 and 4 students will present a re-enactment of Jesus's return to Jerusalem on Friday 27 March at 9am in the parish Church. All are very welcome to attend.

Have a fantastic week and May God's Spirit be with you always

Rachelle De Iacovo



In the words of Saint Mary MacKillop

"Believe the whisperings of God to your own heart"

1868

Did you know?

At age 14, St Patrick was captured by bandits and sold as a slave in Ireland. For 6 years he tended sheep in the hills and learned the Irish language and culture. He managed to escape when he was 20. One of the miracles he performed in Ireland as a bishop was to banish all the snakes from the land. Today, there are no snakes native to Ireland.





Sporting News.....

SPORT

Swimming Carnival - Mulligan v Wolfram

We have set aside Thursday 26 March for our school swimming carnival. At this stage the Yr 3 – Yr 6 Students will participate in events from 9:15am – 11:15am. The Prep – Yr 2 Students will then join the upper school from 11:30am – 1:00pm for team novelty events.

Cross Country

All students will participate in our Inter-house Cross Country Event on the last day of this term, Thursday 2 April. Students will run/walk over distances according to their age ranging from 500m to 2km. The whole school is currently participating in our School Fitness Program each Tuesday, Wednesday and Thursday mornings before school in preparation for this event. All students will be taken over the course in the next 2 weeks. The District Cross Country for 10 – 12 years will be hosted by Dimbulah State School early next term. (Term 2 Week 2 - Thursday 30 April)

JOBS STILL TO BE DONE AROUND THE SCHOOL ... CAN YOU HELP?

We still have a number of jobs that need to be done around the school. If you are able to assist with any of the following tasks please let Mr Williams or Mr Wilcox know.

1. **URGENT!** Re-attaching the shade sail outside of the Prep/Yr 1/2 Classroom. We need 3 or 4 dads who would be able to complete this task ASAP. It would be better done early morning or late afternoon, as you may need to work off the roof. Maybe some dads who have kids at soccer training on Friday afternoons could do this job in the cooler afternoon while waiting for training to finish????
2. Cleaning the gutters (mainly on the library and walkway to office)
3. Repositioning the ANZAC rock near the school flagpole. (We would like to have this done before ANZAC Day this year)
4. Repainting the outdoor setting near the office.
5. Re-swinging the admin door leading to the library (inwards)
6. Tidying up the front entrance carpark/garden area – looking at possibility of cementing rock area.
7. Taking down the main playground shade sail before Easter so that repairs can be completed in time for Term 2. (We would like 3 or 4 helpers to assist with this on the last day of Term 1 maybe while the Cross Country is in progress?)

District Trials: (12 years and under)

AFL—We wish Kaiden all the best at Peninsula AFL Trials next week.

Basketball (B & G)—Mareeba District Trials at Mareeba State High School Hall Thursday 19 March 3:30pm—5:00pm (Russell Barlow 40928100)

Hockey (B & G)—Mareeba District Trials at Mareeba State Primary Oval Wednesday 18 March 3:30pm—4:30pm (Helene Ciranni 40928100 or Terry Wilcox 40935319)

LITURGICAL RENEWAL INITIATIVE 2015

The Catholic Church proclaims that liturgy is the 'source and summit' of our faith and the Cairns Diocese is embarking on a process of liturgical renewal. As part of this process, any parishioners involved in Liturgical Ministry (or considering of getting involved) are urged to attend the following Liturgical Renewal Modules being facilitated at the Seville Mercy Conference Centre.

MODULE 1: **Session I: Introduction To Liturgy**

Monday 27th April: 6.00-8.30pm

Session II: Monday 4th May: 6.00-8.30pm

Sessions I & II: Saturday 2nd May: 9.00am-3.00pm



MODULE 2: **Extraordinary Ministers of Communion**

Session I: Monday 11th May: 6.00-8.30pm

Session II: Monday 18th May: 6.00-8.30pm

Sessions I & II: Saturday 16th May: 9.00am-3.00pm



Module 3: **Ministry of the Word: Readers**

Session I: Monday 25 May: 6.00-8.30pm

Session II: Monday 1st June: 6.00-8.30pm

Sessions I & II: Saturday 30th May: 9.00am-3.00pm



Module Four: **Music Ministry**

Weekend Format: Evening Fri 9- Lunch Sun 11 Oct

This will include practical workshops and the



Registration is essential and is available:

1. Online: <http://goo.gl/forms/Q0u5Zf7BL0>
2. Through your parish
3. Via the Cathedral Office (Theresa Wallwork) 40512071

Further information can be obtained from:

Margaret Pestorius 0403214422

Terry Power 0432766883

Wanda Musumeci 40531383

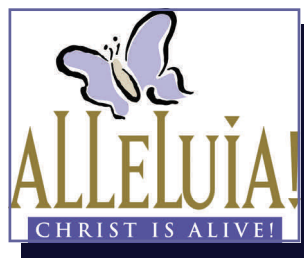
Your Parish Priest

Important Mass Dates and Times

The Sacrament of Reconciliation in preparation for
Easter will be available:

Wednesday 25th after the 9am Mass (normal individual
rite in the confessional)

Thursday 26th at 7 pm (Two priests available to conduct
the communal Second rite of Reconciliation).



**Thurs 2nd April: Holy Thursday Mass of the Last Supper
(and washing of feet) 7pm.**

Good Friday 3rd April: Stations of the Cross 9am.

**Good Friday 3rd April: Veneration of the Cross and Holy
Communion 3pm.**

**Holy Saturday 4th April: Easter Vigil (Blessing of the fire,
paschal candle, Mass) 7pm.**

Easter Sunday 5th April: Mass 8am.

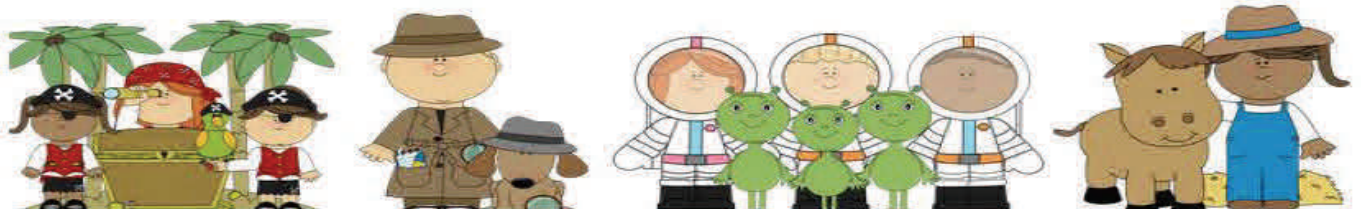
World Read Aloud Day



St Anthony's community celebrated World Read Aloud Day on March 10th with our students, teachers, family and friends sharing favourite books between 8.30 - 9 am. Thank you to all of the adults and students who participated in this event to help raise awareness of illiteracy and the barriers it creates throughout the world.

Reading aloud and sharing a book is an enjoyable activity that we're never too old to appreciate. The best read alouds are animated, with expressions and emotions, different voices for dialogue, with readers and listeners actively engaged in talking about the text, making predictions and life connections.

Be inspiring when you read aloud - engage your listener's imagination!



Prep One Two Class

Incursion- Dawn and Ron Archer visit to speak to the students about special and important places in the local area.



We love pets! Mia brought in Bandit, Azali brought in Fluffy the chick and Rowan brought in his two guinea pigs and an engine!



Prep One Two Class

We love reading! Every day in Prep, Year One & Two.



Dear Parents/Caregivers,

The University of New South Wales is offering your child an opportunity to participate in the ***International Competitions and Assessments for Schools (ICAS)***.

The competitions provide a continuous, independent and comprehensive record of a student's performance, and map their development over the full period of primary and secondary schooling. It also provides an excellent preparation for national testing. Students are issued with an Achievement Certificate.

Results are available to parents online; these online reports and analyses remain available indefinitely. ICAS reports indicate which questions were answered correctly and compare student performance to that of the other students tested.

For more information about ICAS go to www.eaa.unsw.edu.au

If you wish your child to participate, please complete the form below and return it with the entry fees by 21 March 2015.

There is no obligation for your child to sit this test, it is totally optional and is not mandated by St Anthony's School.

Student Name	SCIENCE \$8.80	WRITING \$18.10	SPELLING \$12.10	ENGLISH \$8.80	MATHS \$8.80
	Wed 3 June Years 2 - 6	Mon 15 June Years 3 - 6	Tue 16 June Years 2 - 6	Tue 28 July Years 2 - 6	Tues 11 Aug Years 2 - 6
					Total Encl \$

Dimbulah Dolphin Swimming Club

Fish "N" Chips Night

Fish \$7.00 Chips \$4.00

Fish "n" Chips with Salad \$12.00

Dessert \$4.00

Kids Meal Deal \$7.00

Fish "n" Chips \$10.00

Fish "n" Chips Salad & Dessert \$15.00



Dimbulah Swimming Pool
 Gates open at 4:00 to 12 midnight
 21st March 2015

Free Entry

To pre-book a table or RSVP to
dimbulahdolphins@hotmail.com

For more information call Jason on
 0401 156 120

Free kids entertainment
 Bar available

Supporting the Fish Out of Water Wheelbarrow Race Team
 raising funds for the "Build a Gym" project

Happy Easter

St Anthony's School

"Money Bunny Raffle"

\$1.00 per Ticket

Drawn: 2nd April 2015



RHEE

TAE KWON DO

Dimbulah Centre

**Celebrates 38 years
 in 2015**

Self Defence Training / Fitness & Fun
 Setting New Goals / Achieving New Levels
 Activity for Life

DIMBULAH MEMORIAL HALL
 7.15pm - 8.15pm MONDAYS & THURSDAYS

NEW MEMBERS ALWAYS WELCOME! STARTING AGE 5 UPWARDS
COME & TRY...
FIRST 2 SESSIONS FREE!

Enquiries: Phone Phil & Gaye 40935357

Ready Readers Strong & Deadly Parent Program

This reading program is designed for Aboriginal and Torres Strait Islander parents & carers of children from 0-8 years to develop their skills to support their children to become strong and deadly readers.

**read everyday,
 anytime, anywhere...**

For more information contact: Julia Gela
 Ready Readers Strong & Deadly Coordinator
 Phone: 4037 3815 Mob: 0467 715 117
 Email: julia.gela@dete.qld.gov.au