

NEWSLETTER

21st May, 2015



Principal: Mr Brad Williams
principal.dimbulah@cns.catholic.edu.au

Assistant Principal Religious Education:
Ms Rachele De Iacovo
rdeiacovo@cns.catholic.edu.au

Reading Awards



Student's of the week Awards



COMING EVENTS.....

May 30th	5pm Lions Festival
May 31st	Sunday 8am Presentation of the Creed Yr 5 & 6 hosting Parish Mass
June 1st	P&F Meeting 7pm
June 3rd-5th	Inter House Events Held
June 8th	Queens Birthday Holiday
June 9th	School Photos
June 10th	6pm Confirmation
June 14th	St Anthony's Pesca
June 23rd & 24th	Wash River Athletics @ DSS
Every Wednesday	School Counsellor Here



School Prayer

God made us a family

We need one another,

We love one another,

We forgive one another.

We work together,

We play together,

We worship together.

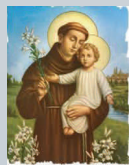
Together, we use God's word.

Together, we grow in Christ.

God bless our school.

St Anthony of Padua, pray for us.

Amen



Student of the Week



Prep One Two Class

Dustin Hatfield for being positive and ready to learn.

Emma Palmeri for clever thinking in maths.

Ricki Sivyer for thinking carefully about multiplication.

Madison Ahloy-Coutts for being positive, ready to learn and helpful.

Georgia Cummings for carefully drawing the hands on a clock.

Shayla Jerome for success in reading o'clock and half past.

Year Three Four Class

Cody Atkinson for reciting "The Hobbit" with expression and actions.

Georgia Williams for reciting "I taught my cat to clean my room" fluently and with expression.

Alice Harrigan for persevering with finishing her technology.

Year 3 for a fabulous effort during NAPLAN.

Year Five Six Class

Kaiden Anning for working diligently and independently on class tasks.

Kellie O'Shea for her super effort to catch up on work while away unwell.

Corey Brown for working diligently and independently in Maths—keep up the super work!

Cara Dryden for working super hard on her History task—keep up the awesome work!



**From the
Principal
Brad
Williams**

From our Principal

Principal's Report

There have been a number of children away over the last 3-4 weeks with colds, stomach bugs and illness. Below are some ways in which to help children build immunity and prevent the spreading of coughs, colds and bugs:

- Get lots of sleep
- Drink plenty of water
- Exercise where possible
- Eat healthy snacks
- Teach children how to wash their hands
- Keep sick children home
- Teach children germ etiquette, like turning away from others to sneeze or coughing into your elbow
- Don't share food
- Make sure your immunisations are up to date
- Keep school bags and lunch boxes clean

Good Luck Beau

The St Anthony's school community wishes Beau Hatfield all the best tomorrow as he competes in the Regional Cross Country Championships in Cairns. Good luck Beau!

Lions Festival

A number of students have been practicing for the performance at the Lions Festival next weekend. A letter will be going home tomorrow with students who would like to be involved, indicating meeting/performance times. Thanks to Cristina and Terry for organising this.

Lisa and her band of little helpers have been busy at school preparing for the Parade. The float will be here at school next Friday and any parents who have some spare time on this day are more than welcome to assist in getting the float ready. I would like to thank Lisa, Joan and all the students that have helped with float preparation to date. We would love to see as many students as possible representing our school on the float. We would encourage students to dress in jeans and a green shirt (if possible, don't go out of your way to purchase one if you don't have one). Students would need to be here at school on Saturday at 4:30pm ready for the Parade, which begins at 5:00pm. So that we know who will be on the school float I would ask that parents complete and return the note at the back of the newsletter before Friday 29th May.

Parent Involvement and Thanks

On behalf of the staff and students, I would like to thank the many parents who have supported the school in many ways so far this term. We have had parents and families involved with cleaning the gutters, putting up the shade over the playground, reading to students, organising the float for the Lions Festival, being a part of committees, helping market the school and assist in the classroom. We are very fortunate to have such dedicated parents who work in partnership with the school to provide a quality education and opportunities for the students.

Year 5/6 Mass

We would love to see as many families as possible at the Family Mass next Sunday 31st May at 8:00am. Our Year 5/6 students will be hosting the Mass with students having the opportunity to be involved and take on various roles. Students who are participating in the Sacramental Program will be presented with the Creed on this day as well. My thanks to Rachelle for coordinating the Sacramental Program.

Enrolments for 2016

I would like to take this opportunity to remind parents who have children commencing in Prep next year to come into school and enrol your child. If you are aware of new families that are interested in enrolling their child/children at St Anthony's please encourage them to call the school. I am more than welcome to take parents on a tour and inform them about the many wonderful qualities of our school.

50 Year Anniversary Date

A date has been set for the 50th Year Anniversary of St Anthony's School. The event will be held on the 27th/28th August in 2016. Please save this date in your calendars. As the event draws closer, more information will be provided.

Next Assembly: Monday 25th May, School Captains to host

On a final note, our thoughts and prayers are with the many Dimbulah/Mutchilba families who have lost loved ones and who have sick family members. May God continue to watch over you all and grant you strength in these difficult times.

Our thoughts and prayers also go to the many families devastated by earthquakes. Anyone wishing to see how Caritas are supporting these people or wishing to donate can follow the link below:

<http://www.caritas.org.au/learn/emergency-response/nepal-earthquake-appeal>

God Bless,



Brad Williams
Principal,
St Anthony's Catholic School

First Break Jam

*Come and make music with
Lynda*

*First Break Wednesdays
in the
Library*

*Sing and play music
No music experience needed
Everybody welcome*





Guidance and Counselling Information.

Supporting and Enhancing SEL at St Anthony's.

Helping Children Learn Positive Friendship Skills .

The following article has been derived from **Kids Matter (Australian Primary Schools Mental Health Initiative)**, www.kidsmatter.edu.au, which has an abundance of information topics related to issues concerning primary school children, and is well worth having a browse through.

The Importance of Children's Friendships.

Children's friendships are very important for promoting mental health and wellbeing. They are essential for their social and emotional development through friendships children learn how to relate to each other and develop social skills as they teach each other how to be good friends.

Children who have friends are more likely to be self-confident and perform better at school than those without friends. Children, who have difficulty in making friends and keeping them, often feel lonely and unhappy with themselves which can lead to a range of other issues for them (not wanting to come to school, anger and lashing out, crying and distressed, isolating themselves).

Friendship Patterns in Primary School Years.

Children choose friends who have similar interests and enjoy similar activities. During primary school, close friendships are most often with a child of the same sex (related to children's preferences in play).

Boys tend to prefer active kinds of play in groups, whereas girls prefer gentler games in pairs or threes and use talk more than action. Such preferences may be particularly strong around the ages of eight and nine when many children become more aware of social expectations regarding boys' and girls' behaviour. These expectations can create difficulties for boys who are interested in the gentler types of play and for girls who prefer the kind of active play usually associated with boys.

Friends cooperate and communicate more with each other than with other children, and also tend to have more conflicts, but usually manage to settle them without ruining the friendship. Friends influence each other and over time may take on similar mannerisms, language and preferences. Although friendships usually have positive effects, friends who have behavioural problems may encourage problem behaviour in others.

Importantly, as children's interests and developmental needs change, their friendship patterns may also change. By the middle of primary school, it is common for children to form small friendship groups based around similar interests and these groups often develop their own rules about who can join them. By setting rules and learning to negotiate them, children learn to develop their understanding of social relationships. When children lack cooperative relationship skills it can lead to friendship groups being dominated by some children and excluding others.

Positive social skills are shown in these behaviours:

- Starting conversations.
- Taking turns.
- Sharing.
- Asking questions.
- Expressing feelings.
- Apologizing to others.
- Complimenting others.
- Accepting others.
- Playing fair.
- Listening.
- Helping others.
- Following rules of play.

Poor Social Skills are shown in these behaviours:

- Physical aggression.
- Arguing.
- Interrupting.
- Name-calling.
- Bossing others.
- Complaining.
- Showing off.
- Getting into other's space.
- Being a poor loser.
- Breaking rules.
- Being too rough in play.
- Taking others possessions.

Note: All children go through friendship conflicts even popular children experience rejection sometimes.

Key Points for Supporting Children's Friendship Skills.

Parents, carers and school staff have important roles to play in helping children develop friendships. They set examples for children to follow through the ways they manage relationships

Provide children with opportunities to play.

For children who are still learning to get along, it can be helpful to plan what to do before having a friend over to play. This could be deciding whether all toys or only some, or encouraging them to think about what games the other child would like to play when they arrive.

Teach positive Social Skills.

Little things like smiles, looking at the person, knowing names and using a confident, friendly voice can make a big difference when making friends. Being able to control negative emotions and being aware of what others want are also very important.

It is important to teach one behaviour or social skill at a time Make sure the child is competent with it then teach the next one. Role playing is a very good strategy when teaching such skills (try to make it fun).

Be a Coach.

Coaching is essential for helping children use new skills in real life situations. It involves prompting, reminding and encouraging children to use the skills they have learned support their learning by giving positive feedback and praise.

Helping Children Solve Friendship Conflicts.

Talking problems through with a supportive adult helps children to think about what happens, how they feel about it and what to do next this also helps to build more mature social skills.

I hope that you have found the article of some use and interest as friendship issues with children can cause a lot of distress not only for the children involved, but also the family unit.

If you have concerns about your son/daughter in terms of friendship problems or any other social or emotional concern, please don't hesitate to contact the Principal, Mr. Brad Williams at the school office on 4093 5319, or myself at bschofield@cns.catholic.edu.au. Wishing you and your family well.

Bryan (Guidance Counsellor).

2015 LIONS FESTIVAL POSTER WINNERS



Congratulations to the following students who's poster was judged in the top three:

Mia Gargan, Hazel Hobden, Azali Mitchell, Eric Tosoni, Georgia Williams, Cody Atkinson, Nate Mitchell, Anton Palmeri, Beau Hatfield and Danae Tosoni.



"We shall never know all the good that a simple smile can do"

Mother Teresa

From our APRE

Parish Weekend Mass Times

St Anthony's – Dimbulah – Sunday 8.00am

St Thomas of Villanova – Mareeba – Saturday 6.00pm & Sunday 10.00am

St Christopher's – Kuranda – Sunday 6.00pm

Dear Parents/Carers,

This year each class has been invited to host a Parish Mass on Sundays. This term the year 5/6 class have been invited to host the Parish Mass on Sunday 31st May 2015 at 8am in our Parish Church. It is a fantastic opportunity for the students to be more involved with the parish community, taking on specific roles throughout the mass – readings, Gospel procession, offertory, altar server and choir. Also on this specific day, the children who are taking part in the Sacramental program will be presented with the Creed. It would lovely to see as many family and friends there to support the children with their participation in the mass and to share in the next journey of our sacramental candidates. The year 3/4 and prep/1/2 class will host their mass in the coming terms (more information about dates, etc. will be sent home by classroom teachers).

Date Claimer: Wednesday 27th May the prep/1/2 class will be hosting the anointing mass for the parishioners at 9am in the parish Church, all are warmly invited.

Have a fantastic week and May God's Spirit be with you always *Rachelle De Iacovo*

The Ascension

Last Sunday we celebrated The Ascension of Our Lord. This is a Holy Day of Obligation, celebrating the day that Christ, in the presence of His apostles, ascended bodily into Heaven. The Ascension occurred on the 40th day of Easter, so it falls on a Thursday (this year May 14) and thus is often called Ascension Thursday; however, in most places, the celebration of the Ascension has been transferred to the following Sunday (this year May 17) six weeks after His resurrection.



Pentecost

Pentecost Sunday, which marks the end of the Easter season in the Christian calendar, celebrates the descent of the Holy Spirit on the Apostles. Pentecost falls 50 days after Easter (this year May 24)



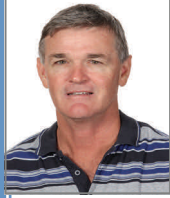
The Acts of the Apostles. Chapter 2 explains, "And when the day of Pentecost had come, the first followers of Jesus were all together in one place". All of a sudden, a sound came from heaven, like a strong wind, filling the house where the people had gathered. Something like tongues of fire rested on their heads. "And they were all filled with the Holy Spirit and began to speak in other languages as the Spirit gave them the ability to speak"

In the words of Saint Mary MacKillop



"Trust in the Goodness of God"

1873



Sporting News.....

Athletics Carnival – Friday 5 June (see program included)

If any parents can help out on the day in any way please let Mr Wilcox know ASAP.

Athletics Training

Any students who would like to do some extra training in preparation for our carnival are invited to sessions after school on Thursday 21 and 28 May from 3:15pm – 4:30pm. Parents who can assist/supervise are most welcome to attend. I would encourage all students to be doing some regular fitness training and practice for events.

Peninsula Cross Country

We wish Beau Hatfield all the best as he represents St Anthony's and the Mareeba District at the Peninsula Cross Country Championships this Friday 22 May in Cairns.

Lions Festival Performance

Teachers have been working on preparing a group of interested students to do a short performance to music at the Lions Festival. This involves schoolyard activities such as skipping, hula hooping, juggling, elastics, ball skills and dancing. Thank you in advance to those students who have been giving up some lunch time to practise. Everyone is welcome to participate in some way.

Wheelbarrow Race

It was amazing to follow the efforts of teams and individuals competing in this event over the weekend. The High School Boys broke all race records and once again many charities benefited from the funds that were raised. A number of ex-students participated in the race and I hope that our students will also take up this challenge if the opportunity arises in secondary school. Congratulations to Lyn Szekely for once again completing the course – a great effort!



St Anthony's Inter-House Athletics Carnival 2015

800m – at St Anthony's Wednesday 3 June – 9:00am

200m – at DSS Thursday 4 June – 9:15am

Carnival – at St Anthony's Friday 5 June - 9:00am

Referee – Mr Wilcox
 Announcer – Mr Wilcox/Mr Williams
 Starter – Mr Williams
 Check Starter – Mr Wilcox
 Marshall – Ms De Iacovo
 Judges – Ms Grantley, Mrs Mahmut + 1 Parent
 Time Keepers – Mrs Coutts + 1 Parent
 Results/Ribbons – Mrs Cappella/Mrs Tosoni
 Long Jump – Mr Williams/Mrs Schincariol
 Shot Put – Mr Wilcox + 1 Parent
 High Jump 1 – Mr Brown + 1 Parent
 High Jump 2 – Mrs Kennedy + 1 Parent
 Tug-o-War supervised by teachers (+ 2 Parents)
 First Aid – Mrs Serafin
 Photographer – Mrs Yelavich

Supervision - 11/12 Yrs (2004/2003)– Ms De Iacovo
 - 9/10 Yrs (2006/2005)– Mrs Mahmut
 - 7/8 Yrs (2008/2007) – Ms
 - 5/6 Yrs (2010/2009)– Ms Grantley

TIMETABLE

9.00 am - March Past and Prayer
 9.30 am - 10.00 am Sprints
 10.00 am -10.40 am Field Event 1
 10.40 am - 11.20 am Field Event 2

11.20 am – 11.40 am First Break

11.40 am - 12.20 pm Field Event 3
 12.20 pm - 1.00 pm Field Event 4

1.00 pm – 1.30 pm LUNCH (Novelty Cart Race)

1.30 pm - 2.15 pm Relays
 2.15 pm - 2.30 pm Parent/Teacher/Student Relay (Novelty Cart Race)

2.30 pm PRESENTATIONS

FIELD EVENTS

	5/6 Yrs (2010/2009)	7/8 Yrs (2008/2007)	9/10 Yrs (2006/2005)	11/12 Yrs (2004/2003)
Field Event 1 10.00 – 10.40	High Jump	Long Jump	Shot Put	Tug-o-War
Field Event 2 10.40 – 11.20	Tug-o-War	High Jump	Long Jump	Shot Put
Field Event 3 11.40 – 12.20	Shot Put	Tug-o-War	High Jump	Long Jump
Field Event 4 12.20 – 1.00	Long Jump	Shot Put	Tug-o-War	High Jump

MUTCHILBA COMMUNITY CENTRE

FAMILY DINNER

Friday 5 June

Everyone welcome



From 6.30 pm

Licensed refreshments

Music



Friday Night footy



Brisbane Broncos v Manly Sea Eagles



Wests Tigers v Gold Coast Titans



MEMBERS' JACKPOT DRAW - \$30 *must be present to win*



Join us on Facebook: [Mutchilba Community Centre](https://www.facebook.com/MutchilbaCommunityCentre)



DIMBULAH LIMITED HOURS CHILD CARE

14-16 Raleigh Street, Dimbulah, Qld, 4872

Phone/Fax 40935450

Email: dihcc@bigpond.com



Dimbulah Limited Hours Child Care



**Fully qualified,
Professional &
Friendly staff**



**Programming &
planning in
accordance with
The Early Years
Learning
Framework
for Australia**



**Play provides
opportunities for
children to learn
as they discover,
create,
improvise and
imagine**

**Open 8:15am to 3:00pm
Thursdays and Fridays
Providing care for children
18mths to 5yrs**



**CALL IN AND COLLECT
AN ENROLMENT
PACKAGE TODAY**



For further information contact Lorelle Carey on 40935450



Dimbulah Rhyme Time

Join us at Dimbulah Library for our **NEW**
Rhyme Time Program

Enjoy songs, rhymes & stories while bonding with your baby
& meeting other local families

This is a fun filled session for children from 0-4 years designed to
develop early literacy skills. This program is delivered by Mareeba Shire
Library Service and is funded under the **Best Start** grant by the
State Library of Queensland.

For more information see Helen, phone 07 4093 5963 or visit
www.msc.qld.gov.au/libraries

The Dimbulah rhyme time sessions will run during school terms from
9:30am - 10:30am on the first Wednesday of each month (unless the
first Wednesday falls during school holidays).

- Wednesday 6th May 2015
- Wednesday 3rd June 2015
- Wednesday 15th July 2015
- Wednesday 5th August 2015
- Wednesday 2nd September 2015
- Wednesday 7th October 2015
- Wednesday 4th November 2015



Trivia Night

1980's theme



Saturday 23rd May 2015, 7.00 pm for a 7.30 start
Kangaroos Leagues Club, 172 Irene Street, Mooroolbool

Get a table of friends together for a fun night out—\$20.00 per person

Loads of prizes to be won on the night

—All funds going directly to the Friends of the Himalayan Children

Thanks to all our Sponsors for supporting this fundraiser



Tickets can be purchased by emailing: trivia@centacarecairns.org

Payment can be made by bank deposit to Centacare Cairns,

BSB: 084-352 Account No: 00000 1447

Please include in your deposit description: Trivia & your name

All enquiries can be made to Margaret Gulliford:

Email: margaret.gulliford@centacarecairns.org Ph: 0414 547 660 or 4044 0135



Checkout Friends of the Himalayan Children Inc. on Facebook or website: <http://www.f-hc.org/>

St Anthony's P & F presents

Pirates and Princesses



Disco



Friday 19th June

6.30-8.30pm

Dress-up as pirate or princess!

Admission FREE

\$2 Sausage sizzle

(Drinks available at Club prices)



Barras Soccer Club

P&F News

The next P&F Meeting is **Wednesday 3rd June 7pm**. It would be great to see as many parents as possible.

The P&F are holding a Sweets Stall at the Lions Festival. Rena is making some of the sweets to be sold. Any parents who would like to assist Rena by making some sweets are more than welcome to. These sweets may be brought to school on Friday or Saturday to be plated and priced ready for sale. The P&F would also be appreciative of any parents who are able to assist on the stall throughout the night. If you feel that you are able to give up some time to assist, please return the note to school at the back of the newsletter.

P&F Sweet Stall Return Slip Name.....

I am happy to assist on the Sweet Stall on Saturday 30th May. I can assist between:

- 6:00-6:30
- 6:30-7:00
- 7:00-7:30
- 7:30-8:00
- 8:00-8:30
- 8:30-9:00
- 9:00-9:30

St Anthony's Float Participation

My Child.....will/will not be joining the St Anthony's float for the Lions Festival Parade on Saturday 30th May.

Name.....

Signed.....

St Anthony's Parents & Friends Association

P O Box 128
DIMBULAH QLD 4872
Telephone (07) 40935 319
President: Mrs Leanne Harrigan
Vice-President: Mr Nipper Brown
Secretary: Mrs Shannon Grantley
Treasurer: Mrs Chrissie Di Salvo

Hyde Street
DIMBULAH QLD 4872
Fax (07) 40935 413
Contact: leanneharrigan75@gmail.com
Contact: evy@activ8.net.au
Contact: sgrantley@cns.catholic.edu.au
Contact: ccsldisalvo@bigpond.com



15th May 2015

Dear Parents and Caregivers,

St Anthony's P&F are coordinating a sweets stall at the 2015 Lions Festival on the 30th May.

We are asking for donations of baked goods or desserts.

This stall is a fantastic opportunity for fundraising as we will be the only desserts available and we are situated next to the coffee tent. St Anthony's parents have exceptional baking skill - proven at the many amazing cake stalls held.

To assist with planning please indicate the dessert or baked item you anticipate providing:

----- ✂ -----

Name:

Dessert/ Baked Item:

(please return to school office)

To Seek, To Strive, To Find, For Love of God