

NEWSLETTER

2nd April, 2015



Yr34 Class Palm Sunday Play

Principal: Mr Brad Williams
principal.dimbulah@cns.catholic.edu.au

Assistant Principal Religious Education:
Ms Rachelle De Iacovo
rdeiacovo@cns.catholic.edu.au



Inter-House Swimming Carnival



Age Champion Winners:

Lauren Schincariol
Clancie Sivyer
Nate Mitchell
Toby Brown

Winners of the Carnival Mulligan

Spirit of the Carnival Award

Amber Land
Julius Srhoj
John Lamont

COMING EVENTS.....

April 3	Good Friday -Easter Holidays Start Stations of the Cross 9am Veneration of the Cross & Holy Communion 3pm
April 4	Easter Vigil Blessing of the fire, paschal candle Mass 7pm
April 5	Easter Sunday Mass 8am
April 6	Easter Monday
April 20	Term 2 Starts
April 21—23	Leadership Camp at Camp Patterson
April 28th & 29th	Parent Teacher Interviews
Every Wednesday	School Counsellor Here



School Prayer

God made us a family.
We need one another,
We love one another,
We forgive one another.
We work together,
We play together,
We worship together.
Together, we use God's word.
Together, we grow in Christ.
God bless our school.
St Anthony of Padua, pray for us.



Student of the Week



Prep One Two Class

Dustin Hatfield for being ready to learn.
Shayla Jerome for careful spelling.
Alexandra Serafin for blending of sounds.
Madison Ahloy-Coutts for thinking carefully
before putting up her hand.
Sam Williams for using nice words and
including others.
Riley O'Shea for being ready to learn.

Year Three Four Class

Nate Campbell for being kind to others.
Cooper Kennedy for persisting with Question
Answer Relationships.
Clint Hatfield for excellent teamwork skills in
history task.
Ryan Alley for responding clearly and cor-
rectly during maths warm up.

Year Five Six Class

Kaitlyn Scapin for completing a very lengthy
Narrative.
Cody Harrigan for a friendly class member
who always does his best.
Desarae Turnbull for consistently working to
a high standard.
Danae Tosoni for always listening and doing
her best.

Term Dates 2015

Term Two

April 20 - June 26

Term Three

July 13- September 18

Term Four

October 6 - December 4



**From the
Principal
Brad
Williams**

From our Principal

Dear Parents/Caregivers,

With all of the advertising around Easter Eggs, Chocolate Rabbits and making Easter Baskets it is important to remember as Catholics that Easter is so much more than this. It is a time to remember the death and resurrection of Jesus, the ultimate sacrifice.

He is the sacrifice to expiate our sins, and not only ours, but also those of the whole world. (1 John 2/20).

Holy Week is the most significant week for all Christians and it is important that whilst it is nice to tuck into a big chocolate rabbit, we should spend time reflecting on our lives in the light of Christ's death and glorious resurrection.

Swimming Carnival

I would like to extend my thanks to the many parents, grandparents and community members for supporting the students at the swimming carnival last week. Thanks to the many parents who assisted as scorers, timekeepers, marshals, with setting up and packing up, in the canteen and in the pool. The help you provided allowed the day to run as smoothly as possible.

It is important to recognise the efforts of Terry Wilcox in coordinating the carnival, especially given the circumstances. Thank you and well done Terry!!

Last Day of Term

What a busy day it is going to be tomorrow, with Cross Country, the 5/6 Passion Play and the Easter Egg Hunt.

Cross Country will get under way at 9:15 and run through until morning tea. The Passion Play will get under way at 11:30, followed by the Easter Egg Hunt.

At the conclusion of the Easter Egg Hunt we will draw the Money Bunny. Thank you to Belinda Turnbull for organising this wonderful raffle.



Fundraising Return Note

Many thanks to the parents who have returned the Fundraising note which was in the newsletter last week. It is also included in this edition and it would be much appreciated if each family could return it by tomorrow or at the start of Term 2 if you haven't done so already.

From our Principal

Thanks Lynn

I would like to take this opportunity to thank Lynn for seamlessly stepping into the Year 5/6 class and teaching in Rachelle's absence. Lynn has done a brilliant job and the St Anthony's school community thank her for all her hard work over the last 4 weeks.

Website

We are very excited to announce that our website is now displaying 2015 photos which will be uploaded onto the site regularly (News & Events—Photo Gallery). This will give Parents the opportunity to download photos from the site or alternatively you can bring in a memory stick and the office staff will be happy to copy whichever photos you like.

Because this facility is now available, from Term 2, we will only be sending home the Newsletter in Black and White to help alleviate the expenses associated with colour photocopying. The newsletter will continue to be published on our Website and on Skoolbag in full colour.

End of Term

As we approach the Easter and School Holiday break I would like to take this opportunity to wish everyone who is traveling on the roads a safe journey. I look forward to seeing each of you in Term 2, beginning Monday 20th April.

Yours truly,



Brad Williams
Principal,
St Anthony's Catholic School

Principal's Awards



FROM THE P & F:

Thank you to everyone who baked for our Easter Cake Stall. We raised approximately \$580-00. Well done!!

Thanks must also go to the Mums who helped man the stall on the day.

*Thank
You*

Mid Semester Parent/Teacher Interviews

If you have not already done so, please complete this form and return to the office as soon as possible so that interviews can be organised. Thank you.



27 March 2015

Dear Parents,

Teachers would like to take this opportunity to invite parents for an interview to discuss your child's progress in their class to date for Term 1 2015. The days allocated are as follows:

Tuesday	28 th April
Wednesday	29 th April

Please indicate three time preferences and teachers will try to schedule your appointment as close as possible to the time you request. Where two teachers work with a class, both teachers will endeavour to sit in on the interview. To accommodate our timetabling, could forms be returned ***NO LATER THAN Wednesday 22nd April 2015.***

Please note that interviews will be 10 minutes in duration. If you require a longer interview, please organise an appointment for a different date with your classroom teacher. We will endeavour to make sure that family interviews are put as close together as possible in order to avoid long waiting times.

Yours in Catholic Education,

Brad Williams
Principal

Meetings will be held in the Library

.....

CHILD'S NAME: _____ CLASS : _____

CHILD'S NAME: _____ CLASS : _____

CHILD'S NAME: _____ CLASS : _____

INTERVIEW DAY PREFERRED (circle): *Tuesday* *Wednesday*

INTERVIEW TIME PREFERRED (10 MINUTES) : (a) _____

(3.20pm – 6:00pm)

(b) _____

(c) _____





Guidance and Counselling Information.

Supporting and Enhancing SEL at St Anthony's.

Friendship Problems.

The following article has been derived from **Kids Helpline**, www.kidshelp.com.au, which has an abundance of information topics related to issues concerning young people of all ages and is well worth having a browse through.

Basically, children want to have friends and be a friend to others friends are fun to be around and valuable lessons can be learned from friendship, such as;

- How to share.
- How to get on with others.
- How to be kind and caring.
- How to be a leader and a follower.
- What it means to give and take.

Sometimes, however, things don't quite work out right and friends fight and argue with each other. Fights might only last for a short time but at the other end of the scale, things may get so bad that they decide not to be friends any more.

When our young people are having friendship problems it usually causes a significant amount of distress for all concerned.

1. Feelings about fights.

People experience a whole range of feelings when they are in conflict with their friends they may feel;

- Sad or hurt.
- Angry or frustrated.
- Misunderstood.
- Confused.
- Worthless or under-valued.

Unless these feelings are communicated to someone they trust, it can lead to further complications like not wanting to come to school, isolation and eating/sleeping disturbances.

2. What causes fights?

There are many reasons why fights occur between friends It might happen because someone is tired and cranky and takes it out on a friend or it may be due to serious matters such as sharing a personal secret with another person. Some of the things we hear kids say that has caused fights include;

“My friend laughed at me when I couldn’t make it over the high jump bar”.

“I was feeling sick and didn’t feel like playing and my friend didn’t think I liked her anymore”.

“My friend wouldn’t share”.

“I lent my friend my Ipod and it got lost”.

“My friend was talking about me behind my back”.

“My friend wants me all to herself and gets angry if I play with other kids”.

3. How can we sort things out?

Patching things up between friends can take time and in some cases things just don’t get sorted out some helpful ways in which friendships might be repaired include;

- **Thinking about what happened** How did the fight start? What really happened? Did anything make it worse? What is happening now to keep it going?
- **Looking at feelings** Are you angry/sad about fighting with your friend? Is the thing you are fighting about really worth all the bad stuff that is happening right now?
- **Talking it out with your friend** This is best done in private and away from others who may take sides; stay calm and avoid blaming each other; let your friend know how you feel about fighting with them and let them have their say as well; be respectful; you might wish to have the help of a trusted adult like a school counsellor or your teacher to when you are talking things through.
- **What might need to be changed?** you might need to negotiate with your friend about things like sharing friends or possessions and about respecting each other and listening to each other if there is an issue.
- **Saying sorry** offering a sincere apology goes miles in getting a friendship back on track even if you think you didn’t do anything wrong you could say “I’m sorry we are fighting and I miss playing with you” or “I’m sorry this fight has gone on too long”.

Friendship issues are quite a common occurrence in schools and staff and indeed parents, spend a significant amount of time in attempting to problem solve with children. It is important to work with young people around these issues as it provides them with an essential life skill that is a must for healthy adult relationships.

If you have concerns about your son/daughter in terms of friendship problems or any other social or emotional concern, please don’t hesitate to contact the Principal, Mr. Brad Williams at the school office on 4093 5319, or myself at bschofield@cns.catholic.edu.au. Wishing you and your family well.

Bryan (Guidance Counsellor).



*"Easter spells out beauty,
the rare beauty of new
life."*

S.D. Gordon

From our APRE

Parish Weekend Mass Times

St Anthony's – Dimbulah – Sunday 8.00am

St Thomas of Villanova – Mareeba – Saturday 6.00pm & Sunday 10.00am

St Christopher's – Kuranda – Sunday 6.00pm

Term one has come to an end and I am sure some of you will agree – where has the time gone? Our students have been very busy over the last 10 weeks learning new and wonderful things and for some of our students, settling into the life and routine of a school day.

As we approach the Easter season, we commemorate the death and resurrection of Jesus and we reflect on what is good in our lives and how we can make a change. Our students, like always, have been giving generously, their spare monies to project compassion and are aware that they are in a very big way, changing the lives of those who are less fortunate. Your kindness is immensely appreciated.



Mass times over the Easter Period—Saint Anthony of Padua Church



- ◆ Holy Thursday 2nd April—Mass of the Last Supper (and washing of feet) 7pm
- ◆ Good Friday 3rd April—Stations of the Cross 9am
- ◆ Good Friday 3rd April—Veneration of the Cross and Holy Communion 3pm
- ◆ Holy Saturday 4th April—Easter Vigil (blessing of the fire, paschal candle) 7pm
- ◆ Easter Sunday 5th April—Mass 8am

I would like to take this opportunity to wish everyone a very Happy and Holy Easter. Have a safe, relaxing and enjoyable holiday with your family and friends and I look forward to experiencing another exciting term with you all.

Have a fantastic week and May God's Spirit be with you always



**In the words of Saint Mary
MacKillop**

*"Find happiness in
making others happy"*

1889

Did you know?

Easter is the high point in the life of the Church, marking Christ's victory over sin and death. The season of Easter extends for 50 days after Easter Sunday, closing with Pentecost. The Gospels of the Easter season include the appearance of the risen Jesus and a number of missionary teachings.





Sporting News.....

Swimming Carnival - Mulligan v Wolfram

This was the first time while I have been here that we have conducted a swimming carnival for the whole school. I was a little anxious about including the younger children with the upper school but was thrilled at the way the older students looked after their teams and the spirit in which they competed while still being very aware of the needs and abilities of the Prep—Year 2 students. We were very fortunate that it was a warm day as we have had older students find the water too cold in past years. I'm sure we can improve in some areas and would appreciate your constructive suggestions on the day. I take this opportunity to sincerely thank Maxine for her willingness to always help make our time at the pool so enjoyable and also those parents who were able to attend and help at the carnival especially Lisa Tosoni and Megan Cappella for the recording of results. A special mention to all parents who have been able to help with our swimming program this term and in particular Brigitte for the wonderful results she has achieved with the students she works with in our school.

Results: Mulligan 252 points, Wolfram 243 points (see front page for other results)

Cross Country

All students will participate in our Inter-house Cross Country Event on the last day of this term, Thursday 2 April. Students will run/walk over distances according to their age ranging from 500m to 2km. (5/6 Years—500m, 7/8 Years—1km, 9/10 Years—1.5km, 11/12 Years—2km)

The whole school is currently participating in our School Fitness Program each Tuesday, Wednesday and Thursday mornings before school in preparation for this event. All students will have walked the course before the event. The District Cross Country for 10 – 12 years will be hosted by Dimbulah State School early next term. (Term 2 Week 2 - Thursday 30 April)

Cross Country Program for Thursday 2 April:

9:10 am—5/6 Years

9:20 am—7/8 Years

9:35 am—9/10 Years

9:50 am—11/12 Years

10:20 am—Presentations

I know Parents like to be at the finish line for these events but if you can assist with supervision on the track (even after your child has competed) please let me know.

Golf Queensland is running a Junior Regional Clinic at the Mareeba Golf Club on 13-14 April. For more information refer to Page 16 of this Newsletter.

Special Achievement—Toby Brown

Last weekend Toby Brown competed at the Qld State Athletics Championships in Brisbane and was placed 6th in the 11 Year Boys Shot Put with a throw of 10.03m not far behind the winning throw of 11.4 metres.

Congratulations for the hard work you have put into training Toby and we look forward to seeing you in action at our school carnivals next term.



Dimbulah Ambulance CPR Awareness Program

On Tuesday, Brendan from the Dimbulah Ambulance Centre conducted a CPR Awareness lesson with our Year 5/6 Class. Brendan worked through the sequence of steps we should follow in any emergency and all students had their own manikin on which to practise CPR. The students asked great questions and Brendan was very patient in providing clear answers. We hope to do follow-up sessions with Brendan throughout the year and thank him kindly for giving of his time to share his knowledge and experience

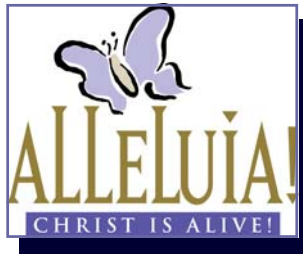
Inter- House Swimming Carnival



Year Three Four Class Palm Sunday Play



Important Mass Dates and Times



Thurs 2nd April: Holy Thursday Mass of the Last Supper (and washing of feet) 7pm.

Good Friday 3rd April: Stations of the Cross 9am.

Good Friday 3rd April: Veneration of the Cross and Holy Communion 3pm.

Holy Saturday 4th April: Easter Vigil (Blessing of the fire, paschal candle, Mass) 7pm.

Easter Sunday 5th April: Mass 8am.

P & F News

Thank you to the parents who have returned the below slip. If you haven't yet, please do so by **Thursday 2nd April**. Your cooperation in this matter is much appreciated.

Please detach the bottom and return to the office ASAP

Family Name.....

- I/We support the Spring Fair and will commit to assisting in preparation before and on the day.
- I/We would support and commit to assisting in smaller fundraisers but not the Spring Fair.
- I/We would be happy to support and commit to either the Spring Fair or smaller fundraising events.
- I/We will not be assisting with fundraising during the year.

Prep-One-Two Class

We love reading everyday in Prep,
Year One & Two.



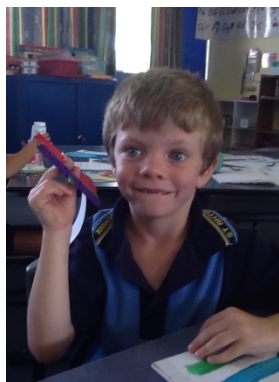
Mr Williams shared one of his favourite books,
“The Wonky Donkey” by Craig Smith
We really enjoyed it! Thankyou.

Prep-One-Two Class

End of Term 1 in Prep, Year One and Year Two.



Science: experiments to test how water proof different materials are; designing and making waterproof sculptures for the garden.



Well-being: we love fruit break!



Arts: music inspiring lines and colour in our art work.



Maths: creating repeating patterns.



Readers Cup Team



Congratulations to Cara Dryden, Cody Harrigan, Lauren Schincariol, Julius Srhoj and Desarae Turnbull who make up St Anthony's 2015 Readers' Cup Team. These dedicated readers will read 6 books between April 1st and June 12th to compete in the annual Readers' Cup Regional Competition held at Whitfield State School. So far 18 teams from Catholic and State schools in the North Queensland region have registered. The competition encourages students to read widely, work collaboratively and continue to develop a love of reading. Good luck and happy reading to this fantastic team!



CAIRNS CATHOLIC EDUCATION
& ST ANDREW'S CATHOLIC
COLLEGE INVITES YOU TO

ANZAC REFLECTIONS

*A commemorative concert of music and verse
to honour the 2015 ANZAC Centenary*

This is an ecumenical event open to all members of the community

Almost 500 singers, instrumentalists, narrators, poets
and drama students from Catholic schools

Including a specially commissioned piece of music by
Australian composer and soloist, Mark Walton OAM
titled 'Reflections of ANZAC'

Dramatic historical re-enactment focusing on the life
of a Cairns soldier who died in the ANZAC conflict

Memorial exhibition from Cairns RSL, Cairns
Historical Society and Monash University.

Australian food and refreshments including spiced
lamb, prawns and crocodile, ANZAC biscuits,
cheesecake, fruit, lamingtons, tea & coffee served
prior to the concert and at interval, \$2 ea.

DATES

Tuesday, 21st April

Displays and Refreshments from 5pm,
Concert 6.30pm – 8.00pm

Wednesday, 22nd April

Displays and Refreshments from 11 am,
Concert 12.30 pm – 2.00 pm

Displays and Refreshments from 5 pm,
Concert 6.30 pm – 8.00 pm

*Acknowledgement to The Hon. Warren Entsch MP and
the Australian Government's ANZAC Centenary Local
Grants Program, and Music staff and volunteers from St
Andrew's Catholic College.*

VENUE

St Monica's Cathedral ~ Itself a war memorial, with the front
stained glass windows depicting the Battle of the Coral Sea.

TICKETS

\$15 adults, \$10 school aged children & concessions.

Proceeds to the Cairns RSL for distribution to war
veterans and widows, and to Cairns Historical Society.

Tickets are available from St Andrew's Catholic College,
Redlynch Valley or phone the college on 4039 5200.

Payment can be made via credit card over the
phone and tickets made available for collection at the door.



**Catholic
Education**
Diocese of Cairns
Learning with Faith and Vision

*"This event provides reflection on the sacrifice of young
lives, the futility of war, and our shared commitment,
within our Christian faith, to strive for a peaceful world."*

– Bill Dixon, Executive Director – Catholic Education Services.



Community Notices



Well Women's Clinics – Mareeba Hospital & Mulungu
(These clinics are available to Medicare eligible clients)

Mareeba Hospital - Thursdays 9th, 16th & 23rd April Ph: 4092 9311
Mulungu – Monday 13th April Ph: 4092 3428

Service includes Pap Smears, Sexual Health Screening, Breast Awareness, also info on Contraception, Continence, Menopause, Lifestyle Issues, Bowel Health, Domestic Violence, etc. All services are provided by a specially trained Women's Health Nurse.



RHEE TAE KWON DO
Dimbulah Centre



If you have never tried Rhee Tae Kwon Do before,
and need to improve your fitness and good health,
Well now you don't have any excuse!

Come along – free of charge with no obligation – and
attend 8 training nights in April starting on
Thursday 2nd April 2015 and go in the draw to

WIN \$100.00 CASH!

If after 8 training sessions you no longer wish to continue
training or join Rhee Tae Kwon Do – at least you can say
you've tried RHEE TAE KWON DO!

Open to any school student over the age of 6,
including parents and friends, who attend 8 training nights in the
month of April 2015.

Bring this flyer with you to go into the draw for \$100 on Thursday 30th April 2015.

Name:

Age:

Contact details:

Instructors: Phil Quayle & Gaye Taylor
Training Monday & Thursday Nights 7.15pm – 8.15pm
Dimbulah Memorial Hall
Ph/Fax: 40933357

KITTEN TO GIVE AWAY

Amber and Shayla Jerome have 1
last kitten to give away, it is 7
weeks old. If you are interested,
please call after hours on
4093 1116.



Golf Queensland Junior Regional Clinic

Mareeba Golf Club
13 - 14 April 2015

Golf Queensland



Golf Queensland provides young golfers from across
Queensland a fantastic opportunity to develop their golfing
ability in the Junior Regional Clinic. This two-day clinic is
limited to 24 participants in the Far North Queensland District.

To register, go to:
www.golfqueensland.org.au/gq-events/cairnsjuniorclinic

Cost: \$70 per person
(includes Morning Tea, Lunch and Fayde Golf Polo Shirt)

Further information:
Golf Queensland
T: (07) 3252 8155
E: info@golfqueensland.org.au
Please see website for conditions of entry and further details



FAR NORTH QUEENSLAND TWO DAY JUNIOR MYGOLF CAMP

Mareeba Golf Club
Monday 13 - Tuesday 14 April 2015
8.30am - 3pm both days

Cost: \$70 for two days
Includes tuition from PGA Professional Lee Harrington,
food, course green fees, prizes and lots of fun!

Junior golfers of all experience levels are invited to attend.
Participants are required to bring a hat, water bottle, golf clubs and buggy.
(Equipment can be supplied if required)

To register, complete the attached nomination form and return by 1 April 2015
For further information, contact Lee Harrington on 0413 163 312 or lee@golfqueensland.org.au

Proudly supported and sponsored by:

