

3 Hyde Street Dimbulah QLD 4872 Subscribe: https://stantdimbulah.schoolzineplus.com/subscribe

Email: principal.dimbulah@cns.catholic.edu.au Phone: 4093 5319 Fax: 4093 5413



26 March 2018

Principals Report



Dear Parents,

We are all looking forward to the upcoming Easter break.

Easter is the oldest Christian holiday and the most important event of the ecclesiastical year. The Resurrection of Jesus shows us the realisation of our

Christian faith. The resurrection is a promise of new life and shows us that our faith is alive and powerful. It is a reminder to us all that trusting in God will guide us in our everyday lives. It has deep significance in our lives as Catholics.

Chocolate Easter eggs have become synonymous with Easter. Because of commercialism we sometimes forget the symbolism of the egg. Traditional stories speak of Mary Magdalene as having gone to the tomb of Jesus with a basket of eggs to stay and mourn. She was the first to witness the resurrection and the eggs she carried in the basket are said to have turned a deep red reflecting the miracle. Eggs are also a symbol of new beginnings. Easter traditions involve children going on egg hunts to look for brightly painted hard boiled eggs and collecting them in baskets. The rabbit is a pagan symbol of fertility and stories mention Easter bunnies sitting over nests of eggs judging if children had been bad or good, bringing coloured eggs to the good children.

There are so many traditions that Catholic families follow especially during the Easter period. It reminds us that Jesus endured immense suffering, is alive through resurrection and is in our midst always welcoming us into new life with him.

Project Compassion

In the "2018 Year of Youth", Caritas Australia has asked to give generously. The theme this year for Project Compassion was: A Just Future. Once again a fantastic effort on the part of our students to raise funds for Caritas Australia. The money raise can continue to support those less fortunate throughout the world. Our students raised \$125.00

Graduation



It is not very often a school of our size has two of their staff graduate on the same day. We would like to say a massive "Congratulations" to both Rachelle De lacovo who completed her Masters of Education and Joel Tomkinson who graduated in Education on March 13th in Cairns at James Cook University. The support they received from family and friends throughout their study and those who travelled for the ceremony was welcomed and appreciated by Rachelle and Joel. Well done to both of you and I know you are relieved that study has finally finished!!!

Don't let parenting worries keep you up at night!

The results from Triple P's annual parenting survey are in! Encouraging kids to be healthy, managing screen time and dealing with kids' emotions are the three biggest worries keeping Queensland parents up at night right now. Triple P founder Professor Matt Sanders says the best thing parents can do to encourage positive behaviour is to lead by example. Kids who grow up with positive parenting do better at school and in life. Parents who do Triple P are also less stressed and depressed. Triple P is free in Queensland – do it online, in seminars or groups, or one-on-one.

http://www.triplep-parenting.net

National Day of Action against Bullying and Violence – Was on Friday 16th March

Bullying in any form by anyone is never OK!! Last week schools across Australia highlighted the need for all Australian students to stand united against bullying and violence in all aspects of life not just the school environment. It is imperative that the message is spread beyond local school activities and is enforced by the wider community. This week I have attached the brochure and I encourage you to keep this handy as it has some useful strategies to talk through with your children and reinforce with them at home.

> Bullying is an ongoing misuse of power in relationships through repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online, and it can be obvious (overt) or hidden (covert).

> Online bullying refers to bullying through information and communication technologies, e.g. the internet or mobile devices.

Bullying of any form or for any reason can have long-term effects on those involved, including bystanders.

Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.

Source: https://bullyingnoway.gov.au/WhatIsBullying/ DefinitionOfBullying

Sporting Events

This week is a fun filled way to end the term with our St Anthony's Cross Country and Swimming Carnival. Thank you to Mr Wilcox for organising these events and our Sports Captains, Clint, Cooper and Rafferty for assisting him with fitness in the morning and practicing war cries. We are all looking forward to cheering on our two teams Wolfram and Mulligan. Thank you all for your support and we wish you all a very restful break with family and friends.

God Bless,

1 later

Kath Porter Principal





Upcoming Events

27 Mar	STA Cross Country Event 9:00 AM - 10:40 AM
	STA Cross Country 9:00 AM - 10:00 AM
28 Mar	NFS Program - Years 5/6 All day
29 Mar	Passion Play/Easter Egg Hunt 9:00 AM - 10:00 AM
	School Swimming Carnival 10:30 AM - 2:30 PM
30 Mar	Good Friday All day
	GOOD FRIDAY All day
31 Mar	SCHOOL HOLIDAYS 31 Mar 2018 - 15 Apr 2018
16 Apr	Pupil Free Day All day
17 Apr	Term 2 Starts All day
25 Apr	ANZAC DAY All day

APRE Report

Parish Weekend Mass Times

St Anthony's – Dimbulah – Sunday 8.00am St Thomas of Villanova –

Mareeba – Saturday 6.00pm & Sunday 10.00am

St Christopher's – Kuranda – Sunday 6.00pm



Dear Parents/Carers,

As we come to the end of the first school term, I would like to take this opportunity to congratulate all our wonderful students on the amazing works they have achieved throughout the weeks...you should all be very proud of your efforts. I would also like to thank you, the parents for all your

support in the everyday routines and aspects of our school life here at Saint Anthony's. It is greatly appreciated by the whole school community – students and staff.

Palm Sunday

Yesterday we celebrated Passion Sunday. Palm Sunday is the last Lenten Sunday before we celebrate Easter. It is on this day we remember the Lord's joyful entry into Jerusalem. The Gospel tells of crowds laying branches and cloaks on the road for Jesus and announcing him as King. During our Parish Mass yesterday, several students from our school presented a short dramatization of the event and would like to say a MASSIVE thank you to: Clancie Sivyer, Eric Tosoni, Rafferty Risley, Cooper Kennedy, Azali Mitchell, Ricki Sivyer, Kate Favaro, Harrison Kennedy and Kelly Sivyer for your time and tremendous effort in making this event an even more special one for our parishioners. You have done yourself and our school extremely proud.





So, as we approach the Easter season, we commemorate the death and resurrection of Jesus and we reflect on what is good in our lives and how we can make a change. Our students, like always, have been giving generously, their spare monies to Project Compassion and are aware that they are in a very big way, changing the lives of those who are less fortunate. Their kindness is immensely appreciated and this year the students have raised a massive \$125.00

Why do we have so many ceremonies at Easter?

The Easter Triduum refers to three days in the Church's calendar which express the central mystery of our Christian faith. It begins on Holy Thursday, where Jesus shared his final meal with his Disciples – The Last Supper. During the meal, Jesus established the sacrament of Holy Communion and predicted his betrayal. During this time we also commemorate Jesus establishing the special priesthood for his disciples. Christ washed the feet of his Disciples, who would become the first priests.





Then we celebrate Good Friday, but why do we call Good Friday "good" when it is such a dark and terrible event commemorating a day of suffering and death for Jesus? For Christians, Good Friday is a crucial day of the year as it celebrates an extremely historic event. On this day we remember Jesus who willingly suffered and died by crucifixion as the ultimate sacrifice for our sins. He was buried and then three days later was raised. Christians have proclaimed the cross and resurrection of Jesus to be the pivotal turning point for all creation, hence the reason for the title "good" - Jesus was raised from the dead, heralding his victory over sin and death and pointing ahead to a future resurrection for all who are united to him by faith. During Good Friday ceremonies, it is common for believers to recall on the events leading to Jesus' crucifixion – The Stations of the Cross.

On Thursday the year 5/6 students will be presenting a short dramatization of the Passion at 9am and everyone is welcome to attend.

students enjoy the opportunity to cook in our fully equipped kitchen and this new addition makes it all the more enjoyable.

We then finish with the Easter Vigil where we celebrate the liberation of humankind through Christ's resurrection. This three-stage sequence of worship allows us to take in an enormous mystery in small parts and to relate it to our own lives – the sorrows, joys, successes and failures. Of all the Church's celebrations throughout the year, the Easter Triduum is considered the most high-point.

Easter Mass Times – Saint Anthony's Parish Dimbulah

Holy Thursday 29th March at 7:00pm: Mass of the Lord's Supper (including the Washing of the Feet) Good Friday 30th March at

9:00am: Stations of the Cross



Good Friday 30th March at 3:00pm: Celebration of the Lord's Passion (time of Jesus' death).

Easter Vigil Mass Saturday 31st March at 7:00pm: (Blessing of the Easter Fire; Lighting of the Easter Candle, Blessing of Easter Water and Renewal of Baptismal Promises)

Easter Sunday 1st April at 8:00am: Mass

I would like to wish everyone a very happy and safe Easter. Enjoy spending quality time with your loved ones and I will see you all next term. Have a wonderful week and in words of Saint Mary of the Cross MacKillop...



"Truly wonderful are the ways of God"

May God's Spirit be with you always Rachelle De lacovo



St Anthony's School would like to thank Joanne Hrkac for her generous donation of a Kleen Aid Mixer to our school. Our

Sporting News



CROSS COUNTRY (Tuesday 27 March)

On Tuesday 27 March all students will participate in the St Anthony's Cross Country event. This is the first of our five inter-house competitions for the year between Wolfram and Mulligan. The students can walk or run over varying

distances depending on their age: 5/6 years = 500m, 7/8 years = 1km, 9/10 years = 1.5km and 11/12 years = 2km.

All races start and finish on the school oval and the course goes out through the double gates towards the soccer club and as far out as the Mobil Fuel Depot for the 11/12 year students. School Staff will be supervising along the course and Ms Lyn will be our first aid officer patrolling the route in her car. Residents along the course and the police have been notified.

The event will start at 9:00am with the following race times (approximately):

9:10 am: 5/6 years (500m) 9:20am: 7/8 years (1km) 9:40am: 9/10 years (1.5km) 10:00am: 11/12 years (2km) 10:20am: Presentations

From this event students from the 10-12 years age group will be invited to compete at the Mareeba District Cross Country which will be held at Dimbulah State School on Thursday 19 April (Term 2 Week 1) and I would encourage those wishing to represent the school at this event to train regularly during the Easter Holidays. We have done very well at this level in past years due to the effort students have put into their training.

SWIMMING (Thursday 29 March)

On Thursday 29 March all students will participate in a fun day of events at our inter-house swimming carnival to determine the winner of the second of our five Mulligan v Wolfram sporting trophies for the year. The Year 3 - 6 students will all bus to the school at 11:00am and compete in both formal and novelty events to determine our age champions. At 12:15pm the Prep – Year 3 students will join us at the pool for lunch and then an afternoon of team novelty activities designed to include and cater for all age groups and swimming abilities.

This day is a culmination of the work put in by the instructors and the students this term in our swimming program and is a compulsory school day whereby all students are expected to participate and a medical certificate or written explanation is otherwise expected and appreciated.

I take this opportunity to sincerely thank Brigitte Campbell who always does a wonderful job of advancing all of our swimmers and in particular those who are less confident in the water.

Maxine Smith has offered to open the canteen for a designated lunch break at the pool next Thursday and will have on sale a

selection of hot food and drinks. Any parents who could offer assistance in the canteen would be appreciated.

PLEASE NOTE THAT ALL STUDENTS WILL BE BUSSED BACK TO ST ANTHONY'S AT AROUND 2:30pm AND WILL BE DISMISSED FROM SCHOOL AFTER A SHORT ASSEMBLY.

GYMNASTICS

Congratulations to Georgia Cummings for her achievements at the recent Club Carnival in Atherton. Georgia obviously trains hard and deserves the results she has gained in her Level 4 Gymnastics. Well done Georgia!



RUGBY LEAGUE

Cayde Miller recently competed as part of the St Thomas's Team in a Rugby League Gala Day in Cairns against other regional school teams and from the Coach's report, performed well individually even though the team was a bit under-sized. That weekend Cayde also represented the Mareeba District 11/ 12 years Team at the Peninsula Championships and as usual put in 100% effort and now has his sights on being selected next year in the Peninsula Team when he turns 12. Well done Cayde!



ATHLETICS

Next term we will be busy preparing for our Inter-house Athletics Carnival in Week 8 and the Walsh River Carnival which our school will host in Week 11. I remind the 10 - 12 year students that this year the State Athletics Championships will be held outside of Brisbane and hosted by the Peninsula Region in Cairns at Barlow Park. This is a great opportunity for interested athletes to train and maybe join a Little Athletics Clubs to see what they can achieve with a 'home-ground' advantage. Any parents who are able and willing to help with training students or assisting on carnival days are asked to contact Mr Wilcox

BASKETBALL

We have been successful in receiving a Sporting Schools Australia grant to conduct a basketball program over 4 weeks with all of our students during Term 2. I am in the process of finding a qualified coach from Dimbulah or Mareeba who will be able to run this program during the school day so that all students will be able to participate and develop skills and an understanding of the game at an age appropriate level.

LOTE



Buona Pasqua!

The term has flown by so quickly but I really feel we have all made great progress in learning not only the Italian language but also a little more about Italy! We have learnt some quite difficult grammar, the names of some animals, and how to make conversation with a hairdresser! We have

also learnt about the Colosseum and other Roman landmarks.

On Thursday, we had a wonderful day with some extra special visitors - Eric's mum, Lisa and her Mum, Angela visited us and taught us how to cook 'fritelle'. Fritelle are a little like our pancakes on pancake day - Traditionally Italians would use up all the ingredients in their pantry to make some delicious fried doughnuts covered in sugar, the day before Ash Wednesday and at the end of Carnevale. We got to taste them just prior to Easter and they were 'deliziose'! A big Grazie to Lisa and Angela. We always enjoy your cooking days!

I wish everybody a very Happy Easter - Buona Pasqua! Please enjoy your holidays and special family time together and stay safe over the break. And remember to speak a little Italian!



Grazie tanto ed arrivederci! Signora Mahmut

Community News

Qualified Professional Music Teacher Returning to St Anthony's for the 5th year Piano Guitar Clarinet Theory and Exams Enquiries welcome for other instruments



0439894025 music_4all@bigpond.com www.music4all.com.au (website)



Well Women's Clinics (These clinics are available to Medicare eligible clients)

Mareeba Hospital – Thursday 29th March 2018 ph: 4092 9311 Service includes Cervical Screening Tests (Pap Smears), Sexual Health Screening, Breast Awareness, also info on Contraception, Continence, Menopause, Lifestyle Issues, Bowel Health, Domestic Violence, etc. All services are provided by a specially trained Women's Health Nurse.



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RHEE TAE KWON DO TRAINING IN 2018 X

TRAINING EVERY
MONDAY AND
WEDNESDAY
<u> </u>
6.00PM - 7.00PM
<u> </u>
DIMBULAH
MEMORIAL HALL
<u> </u>
ESTABLISHED 41
YEARS IN DIMBULAH
NEW MEMBERS

BLACK BELT INSTRUCTORS PHIL & GAYE 0428935357





ST STEPHEN'S CATHOLIC COLLEGE **ENROL NOW** FOR 2019

SCHOLARSHIP APPLICATIONS NOW OPEN!

Scholarship applications for academic, sporting and cultural for Year 7 in 2019, are now available. Application forms are available from the college website or from the college office.

Closing date: Thursday 29 March 2018

- Families intending to enrol students for 2019 must collect an enrolment package from the college or download a copy from our website. The following steps outline the process:
 Complete the application for enrolment documentation.
 Attach the necessary documentation as per the checklist in the enrolment package.
 Return the application with \$100.00 enrolment fee in person or by mail and all applications must be received by 29 March 2018.
 Once the enrolment application has been received, you will be contacted for an interview. Your enrolment interview may occur in terms one or two.
 Confirmation of your child's enrolment will occur in term two, when you will be sent a confirmation of enrolment package to complete. This package must be returned to the college for processing.



Lot 3, McIver Road Mareeba PO Box 624 Mareeba Qid 4880

Phone: (07) 4086 2500 Email: office@sscc.qld.edu.au www.sscc.qld.edu.au