Dimbulah Lions Festival

800m & 200m Events

Record Breakers
## COMING EVENTS......

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>June 3rd-5th</td>
<td>Inter House Events Held</td>
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<tr>
<td>June 8th</td>
<td>Queens Birthday Holiday</td>
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<tr>
<td>June 9th</td>
<td>School Photos</td>
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<tr>
<td>June 10th</td>
<td>6pm Confirmation</td>
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<tr>
<td>June 12th</td>
<td>Readers Cup</td>
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<tr>
<td>June 14th</td>
<td>St Anthony’s Feast / Pesca</td>
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<td>June 17th</td>
<td>3/4 Class Excursion</td>
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<td>June 19th</td>
<td>6.30pm School Disco @ Soccer Club</td>
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<td>June 23</td>
<td>Zoo to You</td>
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<td>June 23rd &amp; 24th</td>
<td>Wash River Athletics @ DSS</td>
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<td>June 24th</td>
<td>School Reports go Home</td>
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<tr>
<td>June 26th</td>
<td>Last day of Term</td>
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<td>Every Wednesday</td>
<td>School Counsellor Here</td>
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## Student of the Week

### Prep One Two Class
- Mia Gargan for working hard to achieve her reading goals—well done!
- Hazel Hobden for setting an excellent example of a successful learner—well done!
- Alexandra Serafin for being a responsible learner—well done!
- Caitlyn Parsons for perseverance in all class tasks—well done!
- Sam Williams for being a fair & positive role model during athletics.
- Brayth Miller for excellent use of reading strategies.

### Year Three Four Class
- Eric Tosoni for showing initiative and tidying up maths investigation.
- Bronson Exton for working well with a partner during maths investigation.
- Ryan Alley for persisting during high jump practice.

### Year Five Six Class
- Danae Tosoni for creating an awesome piece of work for her 3 styles of line in visual arts.
- Julius Srhoj for awesome work in Maths and History—keep up the super effort!
- Kaitlyn Everingham for awesome work in all class activities—keep up the super work.
- Marco Cappella for showing enormous persistence while working on his media task—super!
Principal’s Report

Since the conclusion of the Lions Festival on Saturday night I have spent much time thinking about the dedication and commitment shown by many parents and staff who volunteer their time and energy to make St Anthony’s the great school that it is. Between the preparation of the float, the making of hats, the parade itself, taking apart the float, the sweets stall, the student performance and the marquee celebrating our school, so much was contributed out of love by so many wonderful staff, students, parents and community members. On behalf of the school, I would like to extend my thanks to the many volunteers who continue to seek the very best for the students of St Anthony’s. God Bless You!

School Photos
School photos are next Tuesday. Please make sure photo envelopes are returned with money tomorrow. I would also ask that students come to school dressed in full school uniform. Included in this newsletter is a copy of our uniform policy.

Sports Day
Our sports day is being held on Friday with all parents and community members invited to attend. The 800m event was held yesterday on our school oval and the 200m race conducted today on the State School oval. Thanks to Terry Wilcox for his efforts in preparing the students for the events and for coordinating the carnival. Well done Terry.
There will be a canteen available on the day where food and drinks can be purchased. Thanks to Anna Srhoj for coordinating this.

Readers’ Cup
St Anthony’s wishes Desarae, Julius, Cara, Lauren and Cody all the best next week as they represent St Anthony’s at the Reader’s Cup Challenge. The Challenge requires students to read six set books and then answer a series of questions from each book. Thanks to Trudy Pretorius for coordinating this with our students.

5/6 Mass
It was great to see many of the Year 5/6 students and families at Mass on Sunday. The students who had roles during Mass performed them well. Next term the 3/4 Class will host a Sunday Mass with a date to be confirmed early in term 3.

St Anthony’s Feast Day
Parents, students, parishioners are all invited to attend St Anthony’s Feast Day next Sunday. Celebrations will begin at 2:00pm with Mass, followed by afternoon tea, refreshments and entertainment under the Covered Outdoor Learning Area at school. As many of you would know, St Anthony of Padua is the Patron Saint of our school and the Feast Day is a very special event in our calendar. I hope to see many of you on Sunday 14th.
From our Principal

Lions Festival
Our float was very successful taking out ‘Best Historical Float’. Our students looked fantastic with their slouch hats and flags. Our thanks again to the many parents and community members for their work in preparing the float.

The sweets stall was very successful, raising approximately $1,700. Many parents generously donated items to be sold, worked on the stall and assisted with setting up and packing up. Thank you!!

Confirmation
Congratulations to the students from St Anthony’s who next Wednesday will receive the Sacrament of Confirmation. We wish these students all the best as they embark on the next stage of their Faith Journey.

Head Lice
Cases of Head Lice have been reported. Please read the attached letter for further information and advice.

Disco
A reminder to parents and students about the ‘Pirates and Princesses’ disco on Friday 19th June. Attached to the newsletter is a flyer with information. If you have any questions or queries please speak to Shannon or Leanne.

End of Semester Reports
End of Semester 1 Reports will be sent home on Wednesday 24th June. These reports highlight the learning that your child has demonstrated this semester and they should give you, in conjunction with the interviews, which took place in Term 1, a clearer picture of your child’s educational progress.

Our reports comply with the regulations and expectations of Cairns Catholic Education and other educational authorities. They indicate your child’s progress across all subject areas as well as highlighting their level of effort and behaviour. As parents, you should regularly make an effort to touch base with your child’s teacher to discuss his/her learning progress.

Learning and teaching take place throughout the year and so does the assessment of the learning. Please be aware that your child is continually learning and we need to work together to ensure they continue to progress and develop to the best of their ability in the future.

Next Assembly Date: Tuesday 9th June Year 3/4 Class Hosting
Next Newsletter: Thursday 18th June

God Bless,

Brad Williams
Principal,
St Anthony’s Catholic School
Principal’s Awards

SCHOOL PHOTOS

School photos will be taken on Tuesday morning. Envelopes have been sent home with the students, please try to return these by tomorrow or Tuesday at the latest.

Students are to be dressed in full school uniform with correct shoes and socks.

Sports captains - bring your sports shirts to change for your group photo.

Year 6 students—bring your leadership shirts to change into ready for your group photo.
4 June 2015

Dear Parents and Carers,

Unfortunately, there have been confirmed reports of Head Lice in multiple classes. Often, it is the frustration that can be associated with controlling ongoing infestations that causes greatest angst.

As such, I urge all families to remember to do their part in stamping out head lice by regularly checking their child/ren’s hair and treating as required. In most cases one simple treatment is all that’s necessary. One of the most effective methods of eliminating Head Lice is treating the hair and then coating the hair with conditioner and combing the eggs and lice out with a fine tooth lice comb available from chemists. Lice do not like oily hair so a preventative measure is to coat the child’s hair with conditioner every day.

If you find any eggs or live lice please remember to de-louse hats and bedding also as lice are able to live for a day or so away from the human head. It is also important to inspect all family members and carry out treatment should lice be discovered.

Sharing hats at school is one way head lice can spread, so please make sure your child has his/her own hat to use.

Please be aware that at school we are not permitted to treat children with head lice. In the event that staff suspect head lice infestation, they may initiate physical inspections, taking great care to maintain the dignity and privacy of your child. Should head lice be discovered, treatment and management is the responsibility of families. We may offer advice in regards to treatment and would ask that parents refrain from sending your child/children to school until treatment has been administered.

Yours in Catholic Education,

Brad Williams
Principal
Uniform Policy

Gospel Values:
Community, Justice, Respect, Compassion

Policy:
Because we are equal before God, Saint Anthony’s will require that all students wear the prescribed uniform as set down in the Parent Handbook.

Consequences:
Each child will feel part of a faith family where a sense of unity and pride is extended through the wearing of a school uniform.
Class, economic and social distinctions will be minimised through the wearing of a uniform, eliminating inequity brought about by competition and fashion.
All pupils will adhere to a prescribed summer and winter uniform.
Changes to the uniform will be rare and undertaken only after due consultation and in the interest of economy, suitability and durability.
Personal neatness and grooming will be encouraged through our personal development program.

Implementation:
Communication to the school must accompany any deviation from the prescribed uniform by a pupil from a parent/guardian.
All clothing and apparel should be clearly marked with the child’s name.
A watch, two sets of studs or sleepers in the ear lobe are the only jewellery allowed to be worn. Rings, necklaces, earrings, chains, etc. are not allowed due to safety and security.
Only clear nail polish (for strengthening) is permitted. Dyed hair, make-up, and other cosmetics are not appropriate in our school.
School Uniform

School uniform is to be worn to and from school. Lack of uniform or part thereof, is to be explained in a note to the class teacher.

Bare feet, thongs or reef sandals are not allowed.

**HAT**
Navy blue wide-brimmed hat. No caps.

**SOCKS**
Plain navy socks that must be visible above the shoe.

**SHOES**
All Black closed shoes with laces or Velcro.
Bare feet are not acceptable at any time.

**SCHOOL SHIRT**
School Polo Shirt

**SHORTS**

- Boys
  - Plain navy blue shorts (No cargo style)

- Girls
  - Plain navy blue shorts (no cargo style shorts) *Or*
  - Plain navy blue skirt with full shorts underneath. No splits.

**WINTER UNIFORM**
A plain navy blue jumper, vest and tracksuit pants.
(No variation eg, white stripes, fashion labels, etc)

Uniforms are available from our supplier in Mareeba (Credit Card and Layby Facilities)
Memories in Mareeba Scrapbooking & Craft & Uniforms
10a Herberton Street, Mareeba
Telephone : 40924 096
Email: memoriesinmareeba@dodo.com.au
Trading Hours – Tuesday – Friday – 9:00am – 5:00pm
                Saturday – 9:00am – 12:00pm

**HAIR**
Hair must be kept off the face for personal hygiene.
Long hair must always be tied back.
Hair accessories must be navy blue or sky blue

**JEWELLERY**
A watch, two sets of sleepers or stud earrings (in the ear lobe) for pierced ears;
For safety/security reasons, other forms of jewellery are not allowed.
Dear Parents/Carers,

There are two special events coming up in the Church’s calendar, during the next week.

The first being thirteen children of our parish will receive the sacrament of Confirmation, where they will confirm their beliefs and be sealed with the gift of the Holy Spirit. As these children take the next step along their faith journey, may they know that our parish community warmly welcome and pray for them on their special day:

- Matthew Bin
- Nate Mitchell
- Georgia Williams
- Amber Land
- Kaitlyn Everingham
- Marco Cappella
- Cara Dryden
- Samuel Dryden
- Georgina Serafin
- Hope Kennedy
- Jack Schincariol
- Emma McDermott
- Charlotte Brunjes-Jones

Confirmation will be on Wednesday, 10th June at 6pm and all family and friends of the school community are more than welcome to share in this special occasion.

Sunday, 14th June at 2pm we are celebrating the Feast of Saint Anthony of Padua, our school’s patron Saint. Following the mass, the parish are holding their annual “Pesca” in the grounds of the school and again all family and friends of the school community are warmly welcome to come along to celebrate and support this wonderful event.

**Did you know**: Saint Anthony of Padua is famous for his simple and perfect teaching of Catholic doctrine. 350 years after his death, his body was dug up again. In his coffin, they found his tongue perfectly preserved while the rest of his body had decayed.

Have a fantastic week and May God’s Spirit be with you always

*Rachel De Iacovo*

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**In the words of Saint Mary MacKillop**

“We are all but travellers here”

1867
Everyone worries about stuff. At Kids Helpline, young people contact us and tell us about all kinds of worries. Worries can be big or small. Worries can go away in time or they can grow.

Here are some examples of the things kids tell us that they worry about:

- School stuff
- What other people think about them
- Health of people they care about
- The future
- Getting into trouble
- Friends
- Family stuff
- Stories in the media and news
- Social media and cyberbullying
- Storms and other natural disasters

Worrying can feel very uncomfortable and tiring at times. It’s OK to worry and it can have a helpful side to it. Worry can get us to do things to protect ourselves or solve problems. For example, if we worry about sunburn we remember to put on sunscreen.

At other times worry is not so helpful. If we worry too much we might become confused or scared and it can stop us from doing things. An example is when we are so worried about some homework that we can’t concentrate to get it done.

Here are some things that can happen when you ‘worry too much’

- You get "butterflies" in the stomach (feel sick)
- Your heart feels racy/fast
- You get sweaty hands
- You feel like you have a lump or something stuck in your throat
- You are unable to think clearly
- The same thoughts going around inside your head
- Some ideas in your head turn into big worries
- You feel swamped and you don’t know where to begin
- You imagine awful things will happen
- You avoid things, people or places you normally like
- You don’t feel like eating
- You have trouble with sleep
Dealing with worries

When worries won’t go away it can help to work out the things you can change and the things you can’t. Sometimes we can do things to get rid of worries and at other times we might need to learn different ways to handle them.

If worries won’t go away it is really important to talk to someone and get extra help. Kids Helpline, doctors, psychologists or school counsellors are able to help with worries that won’t go away. Get a trusted adult to help you find the right person.

Kids give us lots of ideas about stuff they do to help deal with their worries. Some examples are:

- Talk to someone
- Try to find out more about what is going on
- Make a list of things you can do
- If you can, solve the problem or do something to make it a bit better
- Write or draw your unhelpful worries down and screw up the paper and throw it in the bin

Perhaps you can try some of these on your worries or maybe you can add some more ideas of your own to this list. Remember, everyone is different so if what you try doesn’t work it is important to get more help.

Talking to someone is helpful for lots of people and it can help get things clear. It is important you can trust the person you talk to and they listen and understand. This person might be:

- A friend
- A teacher
- A parent
- A youth worker
- A counsellor
- A relative

Can you think of who you would feel most comfortable talking to about your worries?

Talking to Kids Helpline about your worries

At Kids Helpline we will talk with you about any kind of worries, big or small and we will take you seriously. We can also help to you sort out your worries and figure out what you can do. If you need extra help we can help you find the right person.

To talk to a counsellor at Kids Helpline call 1800 55 1800, 24 hours a day, 7 days a week. If you can’t get to a phone, try our email or web counselling services.

Updated: December 2013
Congratulations to Beau Hatfield who finished 17th at the Peninsular Cross Country held in Cairns last week.
A tremendous effort indeed.

St Anthony's Athletics Carnival
5 June 2015

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<th>Item</th>
<th>Price</th>
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<tr>
<td>Hot Chips</td>
<td>$3.00</td>
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<tr>
<td>Pies</td>
<td>$4.00</td>
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<tr>
<td>Sushi (Tuna &amp; Chicken Teriakyi)</td>
<td>$3.50</td>
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<tr>
<td>Ham &amp; Salad Rolls</td>
<td>$4.00</td>
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<td>Tea/Coffee &amp; biscuit</td>
<td>$1.00</td>
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<tr>
<td>Assorted chocolates</td>
<td>50c</td>
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<tr>
<td>Poppers</td>
<td>$1.50</td>
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<tr>
<td>Bottled Water</td>
<td>$2.00</td>
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St Anthony's Inter-House Athletics Carnival 2015

800m – at St Anthony's Wednesday 3 June – 9:00am

200m – at DSS Thursday 4 June – 9:15am

Carnival – at St Anthony's Friday 5 June - 9:00am
   Referee – Mr Wilcox
   Announcer – Mr Wilcox/Mr Williams
   Starter – Mr Williams
   Check Starter – Mr Wilcox
   Marshall – Ms De Iacovo
   Judges – Ms Grantley, Mrs Mahmut + 1 Parent
   Time Keepers – Mrs Coutts + 1 Parent
   Results/Ribbons – Mrs Cappella/Mrs Tosoni
   Long Jump – Mr Williams/Mrs Schincariol
   Shot Put – Mr Wilcox + 1 Parent
   High Jump 1 – Mr Brown + 1 Parent
   High Jump 2 – Mrs Kennedy + 1 Parent
   Tug-o-War supervised by teachers (+ 2 Parents)
   First Aid – Mrs Serafin
   Photographer – Mrs Yelavich

Supervision - 11/12 Yrs (2004/2003)– Ms De Iacovo
   - 9/10 Yrs (2006/2005)– Mrs Mahmut
   - 7/8 Yrs (2008/2007) – Ms
   - 5/6 Yrs (2010/2009)– Ms Grantley

TIMETABLE

9.00 am - March Past and Prayer
9.30 am - 10.00 am Sprints
10.00 am - 10.40 am Field Event 1
10.40 am - 11.20 am Field Event 2

11.20 am – 11.40 am First Break

11.40 am - 12.20 pm Field Event 3
12.20 pm - 1.00 pm Field Event 4

1.00 pm – 1.30 pm LUNCH (Novelty Cart Race)

1.30 pm - 2.15 pm Relays
2.15 pm - 2.30 pm Parent/Teacher/Student Relay (Novelty Cart Race)

2.30 pm PRESENTATIONS

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<tr>
<td>Field Event 1</td>
<td>High Jump</td>
<td>Long Jump</td>
<td>Shot Put</td>
<td>Tug-o-War</td>
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<td>10.00 – 10.40</td>
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<tr>
<td>Field Event 2</td>
<td>Tug-o-War</td>
<td>High Jump</td>
<td>Long Jump</td>
<td>Shot Put</td>
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<tr>
<td>10.40 – 11.20</td>
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<tr>
<td>Field Event 3</td>
<td>Shot Put</td>
<td>Tug-o-War</td>
<td>High Jump</td>
<td>Long Jump</td>
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<td>11.40 – 12.20</td>
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<tr>
<td>Field Event 4</td>
<td>Long Jump</td>
<td>Shot Put</td>
<td>Tug-o-War</td>
<td>High Jump</td>
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<td>12.20 – 1.00</td>
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RECONCILIATION WEEK
Dimbulah Lions Festival

“Commemorating 100 years of the Anzacs”
St Anthony’s P & F presents

Pirates and Princesses

Disco

Friday 19th June

6.30-8.30pm

Dress-up as pirate or princess!

Admission FREE

$2 Sausage sizzle

(Drinks available at Club prices)

Barras Soccer Club
Community News

Dimbulah QCWA
Cent Sale
Unclaimed prizes
Lions Festival 30/05/15
Ph Glenda De Lai 40935192

294066 294107 294244 387432 387495 387557
387558 387583 387593 387609 387637
387650
594562 594596 594618 594724 594749

Dimbulah Rhyme Time

Join us at Dimbulah Library for our NEW Rhyme Time Program

Enjoy songs, rhymes & stories while bonding with your baby & meeting other local families.

This is a fun filled session for children from 0-4 years designed to develop early literacy skills. This program is delivered by Mareeba Shire Library Service and is funded under the Best Start grant by the State Library of Queensland.

For more information see Robyn, phone (07) 4093 5383 or visit www.md.qld.gov.au/library

The Dimbulah rhyme time sessions will run during school terms from 4:30pm - 5:30pm on the first Wednesday of each month (unless the first Wednesday falls during school holidays).

- Wednesday 6th May 2015
- Wednesday 3rd June 2015
- Wednesday 11th July 2015
- Wednesday 8th August 2015
- Wednesday 29th September 2015
- Wednesday 7th October 2015
- Wednesday 4th November 2015

Well Women’s Clinics – Mareeba Hospital & Mulungu
(These clinics are available to Medicare eligible clients)

Mareeba Hospital - Thursdays 11th & 25th June
Ph: 4092 9311
Mulungu – Monday 22nd June
Ph: 4092 3428

Service includes Pap Smears, Sexual Health Screening, Breast Awareness, also info on Contraception, Continence, Menopause, Lifestyle Issues, Bowel Health, Domestic Violence, etc. All services are provided by a specially trained ‘Women’s Health Nurse’.

MUTCHILBA COMMUNITY CENTRE
FAMILY DINNER
Friday 5 June
Everyone welcome
From 6.30 pm
Licensed refreshments
Music

Friday Night footy
Brisbane Broncos v Marley Sea Eagles
Wests Tigers v Gold Coast Titans

MUTCHILBA COMMUNITY CENTRE

MAREEBA SHIRE COUNCIL

MUTCHILBA COMMUNITY CENTRE

MUTCHILBA COMMUNITY CENTRE

MUTCHILBA COMMUNITY CENTRE
All Barra Players, Family and Friends
You’re invited to
The Curtain Raiser
Come and watch our two under 14 teams battle it out under the lights
Friday 12th June 2015 at 6:00pm
Senior team will face off against Edge Hill at 8pm

On the Menu
Steak burgers
Hot Chips
Hot Dogs
Salami & Anchovy Rolls

This week’s speciality
You will be surprised 😊

For FREE entry into the game – go and see the staff at Dimbulah Health and Beauty or Sunshine Bakery to get your ‘Barra’ card to present at the gate

2015 ASG National Excellence in Teaching Awards
Nominate an inspirational teacher or educator now
Nominate online at asg.com.au/nominate by 31 July 2015
To request a promotional kit visit asg.com.au/nelta
For general enquiries call 1800 624 487

Eureka Creek Rodeo
Hosted by Nugget of the North Campdraft Inc.
13th June, 2015
EUREKA CREEK SPORTING GROUNDS

Tradition
Pride
Spirit

Sam Start - Main Performance from 6:30pm Under Lights
Adults $15 - Children & Pensioners $10 - Children Under 3 FREE
Music, Bar & Sausage Sizzle Friday Night!
Fall Bar, Great Food & LIVE Music til LATE!! - Camping Available
Nominations for ALL RODEO EVENTS through ABCRA Central Entry 1800 029 932, Thursday 4th and Friday 5th June, 2015. Late entry Monday 8th June, 2015. NON-ABCRA Members are welcome to compete, please call Central Entry.

For Information Phone 4093 6078 or Email: dmproduce@nmtmail.com.au

The Express