Issue 4: Term 3
27th August, 2015

Visit from St Augustine’s School Band

Open Day at St Anthony’s

Curriculum Celebration Day
COMING EVENTS……

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug 28</td>
<td>P-12 Class Excursion</td>
</tr>
<tr>
<td>Sept 1</td>
<td>Wonders of Living</td>
</tr>
</tbody>
</table>
| Sept 3  | The Bully is Back  
Active Synchronisation |
| Sept 9  | ♦ 10am P & F Cake Stall  
♦ Parent Teacher Interviews  
♦ 7pm P & F Meeting |
| Sept 13 | Feast of Our Lady of the Chain, St Thomas’s Mareeba. |
| Sept 15 | Under 8’s Day @ DSS                   |
| Sept 17 | Ball Games Day                       |
| Sept 18 | Last Day of Term 3                   |
| Every Wednesday | School Counsellor Here |

Student of the Week

Prep One Two Class
Brayth Miller for being fair and playing co-operatively.
Shayla Jerome for being polite and helpful when working in groups.
Dustin Hatfield for working co-operatively with others during maths.
Emma Palmeri for clear and descriptive journal writing.
Hazel Hobden for exceptional persistence with challenging words.
Sam Williams for careful use of spelling strategies

Year Three Four Class
Nathaniel Exton for persistence in writing.
Georgie Williams for being extra attentive.
Alice Harrigan for persisting with subtraction with trading.
Cody Atkinson for enthusiasm and creative poetry writing.

Year Five Six Class
Cody Harrigan for using his initiative and working independently on set tasks.
Corey Brown for working brilliantly and presenting wonderful cursive writing.
Kaitlyn Scapin for working conscientiously and going above and beyond set expectations
Amber Land for her organised, attentive and responsible approach towards her learning.
Dear Parents,

Yesterday we celebrated ‘Curriculum Day’. One of the highlights was our Book Week Character Parade, where St Anthony’s and Kindy students dressed as their favourite book characters. There were a number of brilliant costumes on display and it was evident some costumes required a lot of effort and creativity. It was fantastic to see such a large crowd coming and supporting the students and I have no doubt all those in attendance had a great time.

After the parade students participated in a number of science activities, including making slime, making sherbet, constructing marshmallow catapults and building lava lamps. It was evident throughout the day that students were having a lot of fun being scientists! My thanks to Mrs Pretorius for her work in preparation of our Curriculum Celebration and to all staff, students and parents for engaging so positively in our day.

Parent Teacher Interviews

A quick reminder that Optional Parent Teacher Interviews are taking place on Wednesday 9th September. Parents requesting an interview are asked to return the Interview Form that was distributed last week. All requests from class teachers will be sent home no later than this Friday. Late next week we will notify parents with confirmed interview times via a letter.

Wonders of Living

All parents are invited to attend the Movie Sessions at our Wonders of Living Day next Tuesday. Sessions run from 11:15-12:15.

Years 1 to 3 will view the first movie of the three part “Wonder of Living” series titled A New Baby The unique gift of each child! The movie shows a family sharing the story of their son’s birth. It is a wonderful story of how life in the womb grows from conception to birth.

Years 4 to 6 will view the second movie of the series entitled And Now There’s Me which follows the same family as they discuss the importance of family, relationships, our amazing bodies and healthy choices.

Playground Shelter

I received news yesterday that we have been granted permission for the erection of a new playground shelter. This news has been a long time coming! Sail Structures in Cairns will be the company erecting the new structure. I will keep you updated with starting times and estimated completion dates in coming newsletters.

The Bully is Back

On Thursday 3rd September all students will be watching a play titled “The Bully is Back”. This is the third instalment of the series and in this drama production students will be introduced to the concept of Resilience. Parents are invited to attend the play which will run from 1:50pm-2:50pm on the basketball court.

IT Outage

From 9:00am-3:00pm on Thursday 3rd September St Anthony’s will experience an IT and network outage as a part of a planned Synchronisation Schedule organised by Catholic Education Services. There will be major disruption to the Internet, Portal and all forms of communication. I apologise in advance for the disruption to services.
Peninsula Athletics

Well done to Kaitlyn, Georgina, Beau and Toby who participated in the Peninsula Athletics Carnival on Sunday 23rd and Monday 24th August. A huge congratulations to Toby who has been selected to participate in the State Titles later in the year!

Prep-Year 2 Excursion

Tomorrow the Prep-Year 2 class is off on an excursion to Cairns and Mareeba. Students will be viewing a performance titled ‘Animalastic’ and then visiting the Mareeba Heritage Museum. We thanks those parents who have offered to assist with transport as without your support we could not extend such opportunities to our students.

Attendance

If a student misses as little as eight days per term, by the end of Primary School they will have missed an entire year of education. Increasingly we are aware of the impact attendance has on student learning outcomes. For many this issue is the single biggest barrier in achieving learning goals. We all recognise that from time to time student absences occur, however habitual full or partial absences undermine the hard work of all involved in the educational process. If you have concerns about attendance please make contact with the school so we can work together to seek an improvement in this area.

Next Assembly Dates: Monday 31st August (Year 3/4 Class)  
Monday 7th September (P-2 Class)

Next Newsletter: Thursday 10th September

Yours in Catholic Education,

Brad Williams  
Principal,  
St Anthony’s Catholic School

Principal’s Award
Dear Parents/Carers,

Congratulations to all the sacramental candidates who last weekend received for the first time the body and blood of Christ. First Eucharist was the last sacrament along the journey for these children and it was a very special occasion for all involved. Thank you to everyone who has continued to pray for the children and families along this journey. I would also like to take this opportunity to say a massive thank you to Talisha Montagner who gave up her time to create the amazing banners displayed in Church for both Confirmation and Communion. Your art works created that extra special touch for the celebrations.

This Sunday, 30th August, is the 101st World Day of Migrants and Refugees”. This is a time where we acknowledge the fact that Migrants leave their homes in search of a better life and face the difficult experience of migration in its various forms. As Christians, we are called to reach out to and pray for all migrants to emphasize the unity of the human family and the values of acceptance, hospitality and love of neighbour. The theme of Pope Francis’ letter on the occasion of the “101th World Day of Migrants and Refugees” is “Church without frontiers, Mother of All.” In his letter, Pope Francis reminds us that “Each individual is a part of humanity and, with the entire family of peoples, shares the hope of a better future.”

May God’s Spirit be with you always

Rachelle De Iacovo

Upcoming Masses:

♦ 9th September—year 5/6 class mass

In the words of Saint Mary MacKillop

“God will provide for the future”

1873

Why do we do that?

In between all the special occasions that occur in family life, there are many days which we call ‘ordinary’. Our Church calendar, too, has periods called ‘Sundays in Ordinary Time.’ They are the sustaining celebrations of our life together as a faith family.
Last Monday our year 5/6 students attended the Courage to Care program. It was truly an eye-opener and an extremely inspirational experience for myself...I learnt so much. A lot of students enjoyed their time and came back to school with positive feedback. Here are some photos from the program and words from some of students in what they had to say about their experience:

“I was shocked to hear about what Halina went through.” Desarae

“...the future is in my hands and this really showed me that.” Corey

“Be happy and proud the way we live now.” Amber

“It was a very good and inspiring exhibition.” Joseph

“...It was good to hear the survivor story and made me feel sad what she had to go through.” Kellie

Adrian Vanas a German commander in the concentration camps, along with his wife Bertha saved many Jewish lives by sneaking them out without anyone knowing.

The stripped pyjamas the Jewish were made to wear.

Visit through the exhibition with Liz

Cody and Lauren with Halina—who spoke to the students of her survival during the holocaust
GUIDANCE AND COUNSELLING INFORMATION

From our Counsellor

Guidance and Counselling News- Enhancing SEL at St. Anthony’s.

Grief and Loss.

The following article has been created from the resources provided by Headspace and can be accessed through the site www.headspace.org.au, which provides very valuable information relating to supporting our young people through difficult times.

Grief is a reaction experienced in response to the loss of a loved one whether it be a member of the family, a friend or someone else which is close. The process of grieving is normal and expected and can occur in the immediate period of the loss or some months and even years later.

It is experienced in different ways by different people, and young people may have different reactions to adults because of their age and developmental stage, because the consequences may be different for them and because of their family situation. It can be particularly difficult for young people to cope with loss that results from a disaster such as a flood or a cyclone because there is little time to prepare for such events. Where loved ones have been lost or homes and possessions destroyed, it can become very difficult for the person to recover.

There is no single “right way” to respond to the loss of a friend or a loved one. There are also a range of normal grief behaviours, which may be noticed in young people, including:

♦ Shock and disbelief that the person has died (or has left the relationship).
♦ Longing for the person …… wishing they were around or being able to touch or see them.
♦ Feelings of anger and resentment ….. for being abandoned, for the unfairness for the loss or towards those thought to be responsible for the loss.
♦ Feeling sad that the person has gone.
♦ Guilt …… for example, that they were unable to save the person, or that they survived while their loved one did not.
♦ Anxiety about the future, how things will be without their loved one around or their own safety.
♦ Pre-occupation with thoughts of the person who has died.
♦ Difficulty in concentrating.
♦ Changes to sleep patterns and appetite.

Your child may act as though they are not affected, or appear to be unaffected and getting on with their life, which may cause them guilt. Some choose to express their grief through rituals or creative expression such as art, music or poetry rather than talking about it which is healthy and normal.

Others may act out in more challenging ways, through substance/alcohol abuse or other risk taking behaviours. Most young people are resilient and will carry on with their lives while moving through the grieving process. For some, however, the loss may create more serious mental health problems that will require specialist assessment and treatment.

Supporting Your Child through the Grief Process.

Families are extremely important in supporting a young person who is grieving and helping them to deal with their loss. It is also important to acknowledge that your children may respond in ways which are difficult to understand, but it may be their way of coping and may require some understanding. Some strategies that may be helpful in supporting your child include: Acknowledge their loss and the need to take time to grieve. Provide information about normal patterns of grief. Encourage continued participation in enjoyable activities such as, sport, hobbies and family activities. Support your child in gathering stories and memories of the loved one in ways that are appealing to your child, such as writing, photos, journals, talking and memorials. Help your child to anticipate times that may be particularly difficult such as Christmas or birthdays and develop a management plan. Help your child find meaning in what has happened and foster a sense of hope for the future.

The grieving process can take time and it is not unusual for young people to experience ups and downs over months and sometimes years while dealing with the loss of a loved one. Things tend to get easier with time and experience more good times and less difficult times. If you think your young person is not recovering and may be even experiencing severe grief, it is important to seek professional help through your GP or a counsellor.

I do hope you find this article of interest and if you have any concerns in relation to the emotional well-being of your child please contact me, or the Principal, Mr. Brad Williams on 4093 5319 or by email bschofield@cns.catholic.edu.au.

Have a safe and happy week.

Bryan Schofield- Guidance Counsellor.
Peninsula Athletics

Last weekend four of our students represented the Mareeba District at the Peninsula Athletics Championships with some excellent results. Toby Brown was placed 4th in the shot put and 3rd in discuss. He was selected in the Peninsula Team to compete later this year in Townsville. Beau Hatfield was placed 9th overall in the 800m, Kaitlyn Scapin placed 8th in the shot put and Georgina Serafin placed 7th in shotput. All of these students can be proud of the way they competed and represented our school. Well done.

Lawn Bowls

Last Thursday our Yr5/6 students joined students from Mutchilba and Dimbulah State Schools in an inter-school lawn bowls challenge organised by Tim Blake from Lawn Bowls Qld.

As usual the Dimbulah Bowls Club members Evelyn Srhoj, Fernanda Rostirolla and Staff made the children very welcome and spoilt them with cakes and frozen cups. It was a great afternoon where students had the opportunity to mix with others from our cluster and learn the skills and rules of lawn bowls. We hope to be able to offer this experience again in the near future.

Inter-house Ball Games Carnival

All students are preparing well for the ball games carnival which will be held in the last week of this term, Thursday 17th September. Games played include tunnel ball, corner spry, leader ball, exchange ball and under/over ball and we hope that parents will also be willing to join in the fun and competition on that day. I have been encouraging students to practise bouncing, catching and throwing with a tennis ball at school and would hope that they all have a ball at home that they could use to reinforce these skills.
Urgent.....we need your Help!!

Items baked for our Cake Stall

Wednesday September 9th at 10am

(In front of Dimbulah Foodworks)

Goodies can be dropped off at school

Thank you for your continued support
Viking Invasion

Over the last few weeks, students have been writing like Vikings during lunch time in the library.

Can you decipher what they've written?
Desarae and Hazel’s writing is on display in the library. Use the book ‘The last Viking’ by Norman Jorgensen and James Foley to work out their messages.
Woolworths Earn & learn is back and it is now easier than ever to earn valuable resources for your local primary school. Last year more than 14500 schools benefited from the program, boosting supplies in classrooms, libraries and music rooms to name a few. It's simple to participate. From 15th July to 8th September 2015, when you shop at Woolworths you can collect a Woolworths Earn & Learn Sticker Sheet or you can pick one up from St Anthony's. There'll be one Woolworths Earn & Learn Sticker for every $10 spent. Once completed, simply place the Sticker Sheet in the Collection Box in the office at St Anthony's.
THE FEAST OF OUR LADY OF THE CHAIN

St Thomas’s Catholic Church, Mareeba

Sunday 13th September 2015
Mass at 2.30pm

Following mass there will be a procession of the statue of Our Lady of The Chain followed by a barbeque to be held on the school grounds with hot chips, spaghetti, gnocchi, steak, sausages and a licensed bar. The tea/coffee stall will have a wonderful array of sweets including Italian cannoli, crostoli and nougat. Try your luck at the pesca with fantastic prizes to be won and don’t forget the wonderful fireworks display at 8.30pm.

This year we are delighted to bring to Mareeba an entertainer direct from Brisbane. “Fortunato Isgro” is a singer/entertainer who performs throughout Australia. The style of music he performs includes English classics from the 1950’s to 1970’s, plus traditional Italian music. He plays the keyboard and guitar. Fortunato started performing professionally at the age of sixteen at various clubs and restaurants across the Gold Coast. Fortunato is a popular entertainer within the Australian-Italian community and performs at numerous Italian clubs and festivals throughout Australia, including the Ingham Australian Italian Festival.
Community News

FREE EXHIBITION
14 August – 11 September, 2015
Soville Mercy Conference Centre, Earleville, Cairns
Enquiries/bookings: www.cms.catholic.edu.au
and follow the home page link to Courage to Care
Email: courage2care@cms.catholic.edu.au
or phone 4092 9311

Dimbulah Rhyme Time

Join us at Dimbulah Library for our NEW Rhyme Time Program

Enjoy songs, rhymes & stories while bonding with your baby & meeting other local families.

This is a fun filled session for children from 0-4 years designed to develop early literacy skills. This program is delivered by Mareeba Shire Library Service and is funded under the Best Start grant by the State Library of Queensland.

For more information see Helen, phone 07 4092 9363 or visit www.qld.gov.au/libraries

The Dimbulah rhyme time sessions will run during school terms from 9.30am – 10.30am on the 1st Wednesday of each month (unless the first Wednesday falls during school holidays):

- Wednesday 6th May 2015
- Wednesday 3rd June 2015
- Wednesday 15th July 2015
- Wednesday 5th August 2015
- Wednesday 2nd September 2015
- Wednesday 7th October 2015
- Wednesday 4th November 2015

Mareeba SHIRE COUNCIL

Well Women’s Clinics
(These clinics are available to Medicare eligible clients)

Mareeba Hospital - Thursdays 3rd & 10th September
Ph: 4092 9311

Service includes Pap Smears, Sexual Health Screening, Breast Awareness, also info on Contraception, Continence, Menopause, Lifestyle issues, Bowel Health, Domestic Violence, etc. All services are provided by a specially trained Women’s Health Nurse.